

LESSON 13.4 First Aid and Emergency Procedures Note-Taking Guide

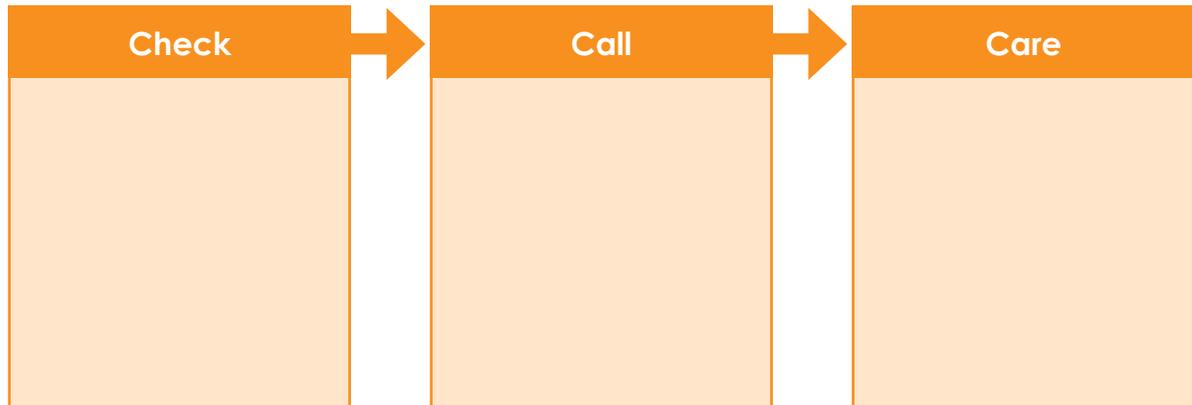
Preparing for Emergencies

- 1. Define the term *emergency*.

Emergency:	
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Emergency Action Steps

- 2. Fill in the following boxes for each emergency action step with a short explanation of what you should do.



Universal Precautions

- 3. What is the purpose of universal precautions?

Cardiopulmonary Resuscitation

4. List the four steps to giving CPR.

1.
2.
3.
4.

Sudden Illness

5. A sudden illness can strike with little to no warning and can include asthma, allergic reactions, diabetic emergencies, seizures, and fainting. List three common symptoms of a sudden illness, regardless of what it is.

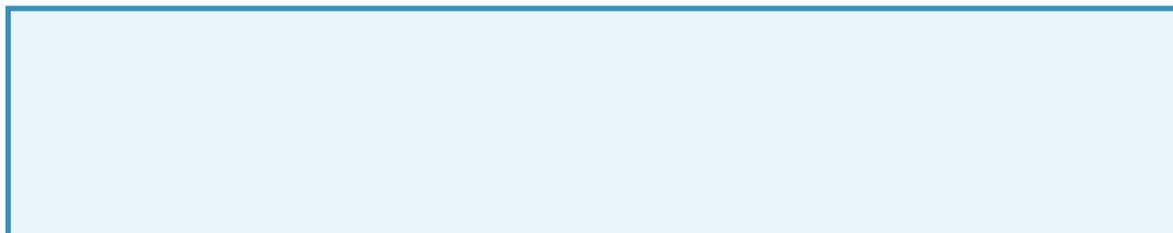
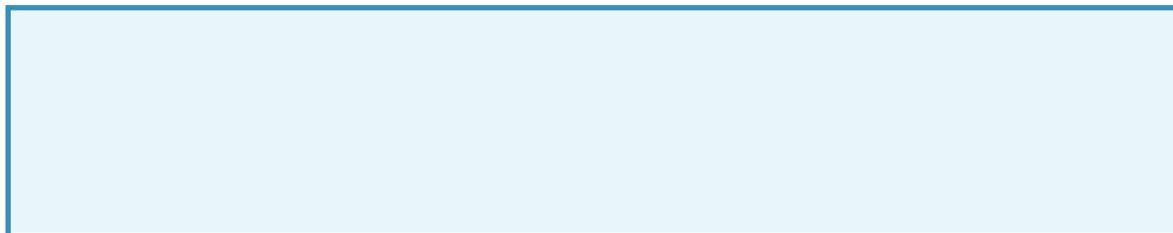
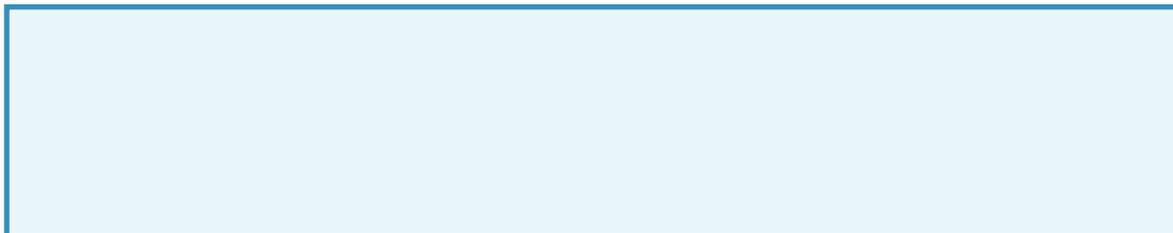
Choking

6. List the steps in caring for an adult or child who is choking.



Burns

7. Explain how the three degrees of burns are different from each other.



CHAPTER 13: Injury Prevention, Safety, and First Aid

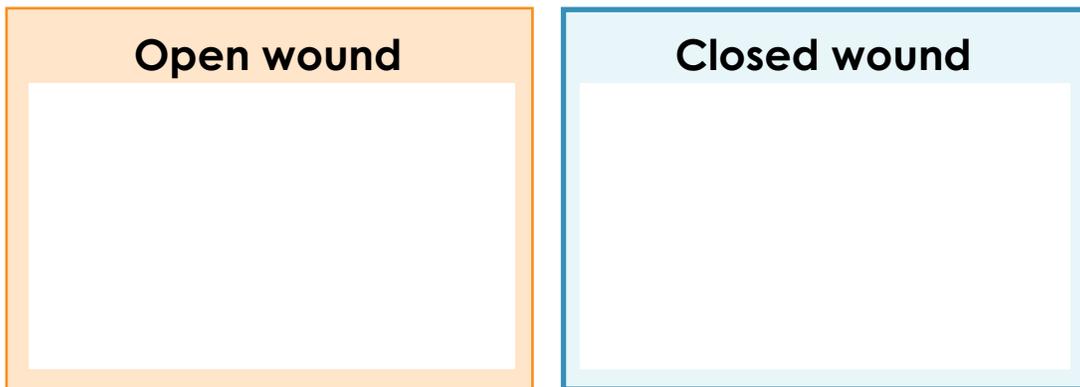
Lesson 13.4

8. Fill in the boxes with how you would protect yourself from a sunburn.



Wounds

9. Explain the difference between an open and a closed wound.



Concussions

10. List four of the signs and symptoms of concussion.

A large, empty rectangular box with a light-yellow background and a thin yellow border, intended for the student to list signs and symptoms of concussion.