

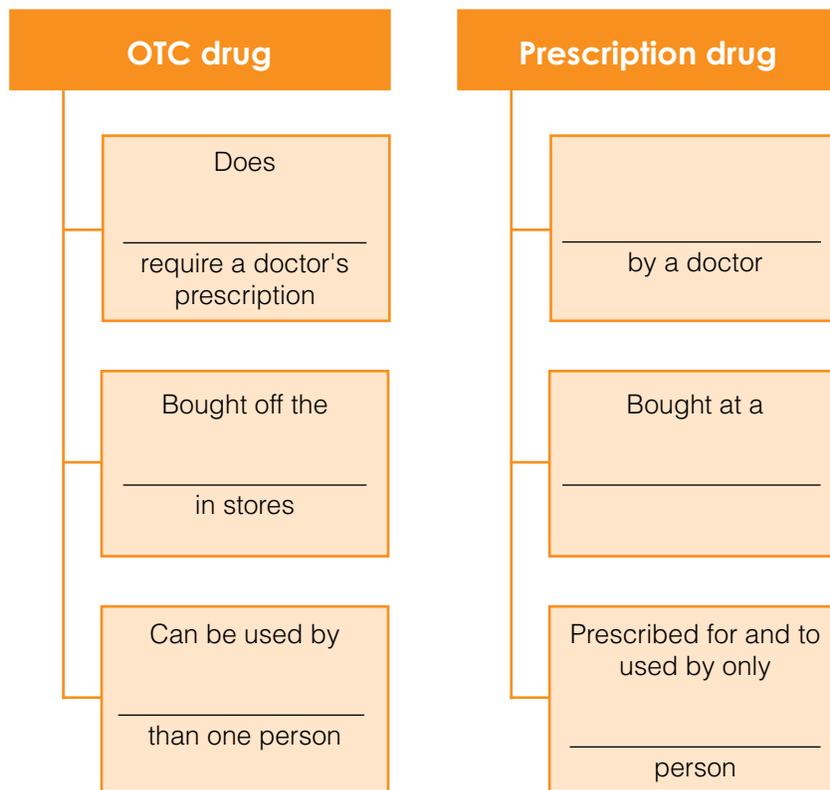
LESSON 12.1 Over-the-Counter and Prescription Drugs Note-Taking Guide

Over-the-Counter and Prescription Drugs

- 1. _____ is defined as the science of diagnosing and preventing disease and maintaining health.
- 2. Medicine can also be defined as a drug used to maintain health or _____ a health issue.
- 3. What can drugs do?

- 1 _____
- 2 Help prevent or manage diseases
- 3 Relieve pain
- 4 _____

4. Drugs are divided into two categories: nonprescription, or over-the-counter (OTC) drugs, and prescription drugs. Fill in the following blanks.



CHAPTER 12: Legal and Illicit Drugs

Lesson 12.1

Using OTC and Prescription Drugs Safely

5. The U.S. _____ and _____ Administration (FDA) is the government agency that decides which drugs require a prescription and which may be sold over the counter.
6. _____ effects are effects drugs have on your body that don't help your symptoms.
7. To use an OTC drug safely means using the drug _____.
8. To use prescription drugs safely, it is important you use them as they are _____ by your doctor.

Reading Drug Labels

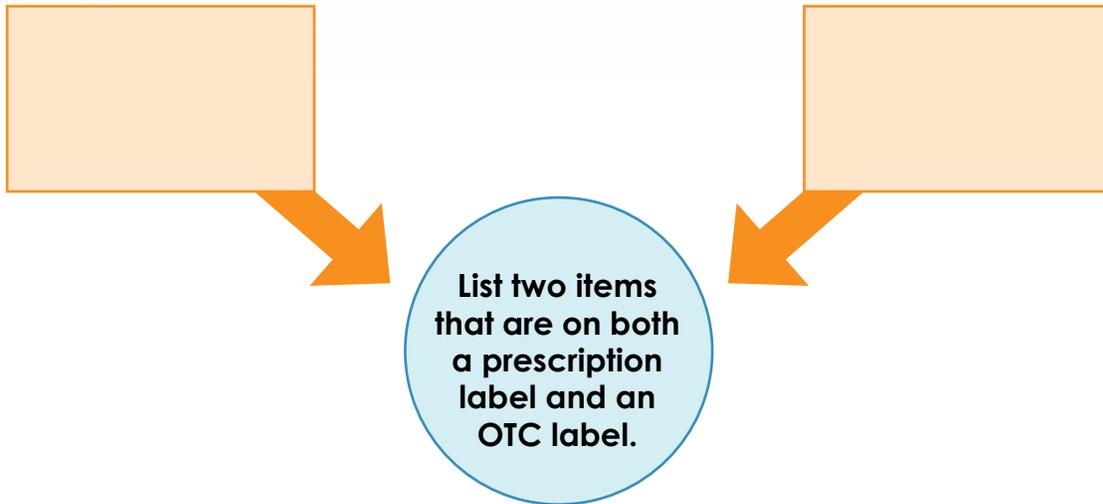
9. What is the general purpose of a drug facts label?

10. Using table 12.1, list two differences and two similarities between an OTC and a prescription label.

List two items on a prescription label that are not on an OTC label.

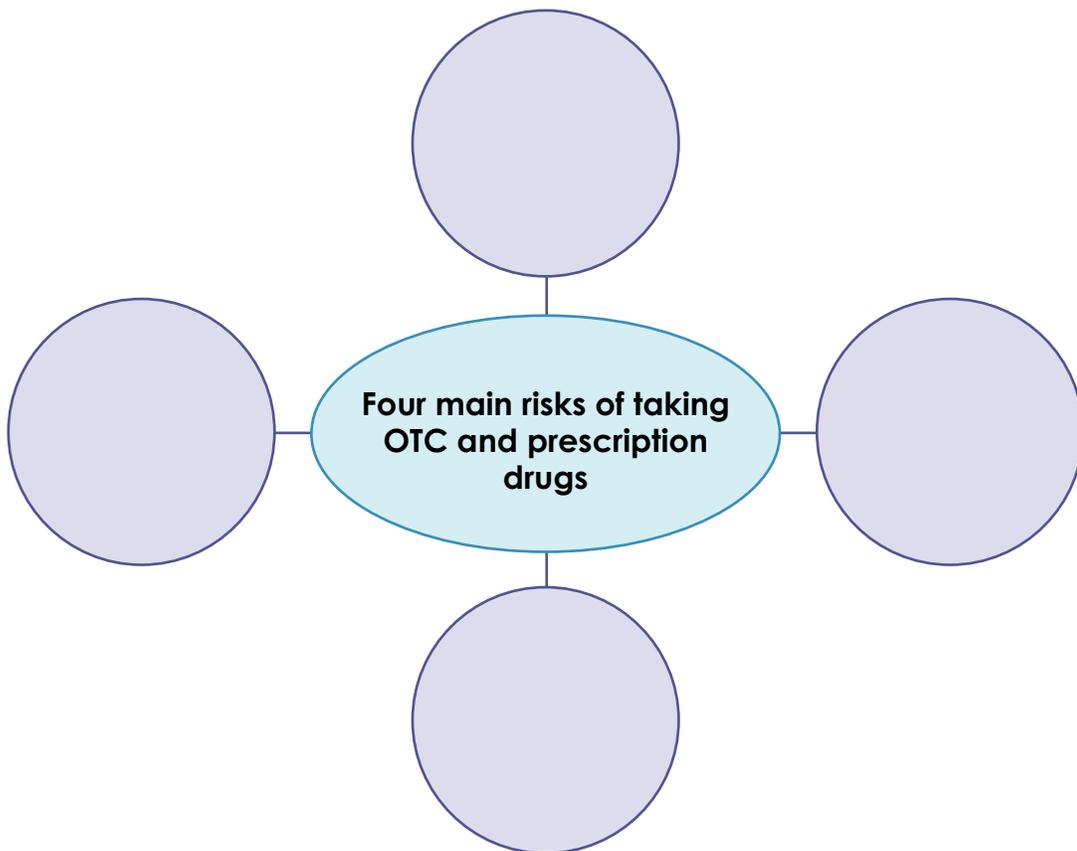
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11.



Potential Risks of Taking OTC and Prescription Drugs

12. List the four main risks of taking OTC and prescription drugs.



CHAPTER 12: Legal and Illicit Drugs

Lesson 12.1

Abuse of OTC and Prescription Drugs

13. Middle school students are more likely to abuse OTC and prescription drugs because the drugs are easy to _____ and the desire to _____ in with peers is strong.
14. Teens are abusing prescription drugs by taking _____ than what is prescribed or by taking _____ else's medicine.

Commonly Misused OTC and Prescription Drugs

15. List some of the commonly misused OTC and prescription drugs.

OTC drugs

Prescription drugs

Performance-Enhancing Drugs

16. What are the two most common performance-enhancing drugs?

Diet Pills

17. The primary ingredient of most diet pills is _____.