

LESSON 11.2 Influences on Using Tobacco Products Note-Taking Guide

Factors That Influence Tobacco Use

- 1. List four people or things that influence you to use tobacco products.

- 2. Fill in the blanks to explain the general factors that may determine whether teens use tobacco products.

Age	
	Females tend to smoke fewer cigarettes or e-cigarettes overall than males. Males are more likely to use e-cigarettes than cigarettes.
	The more stressful events a teen has experienced in their life, the greater the risk of smoking cigarettes or e-cigarettes.
Perception of risk	
	Movies, social media, magazines, and stores may make using tobacco or e-cigarettes look cool and adultlike.

CHAPTER 11: Tobacco and E-Cigarettes

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3. Fill in the missing information to explain how internal influences determine whether teens use tobacco products.

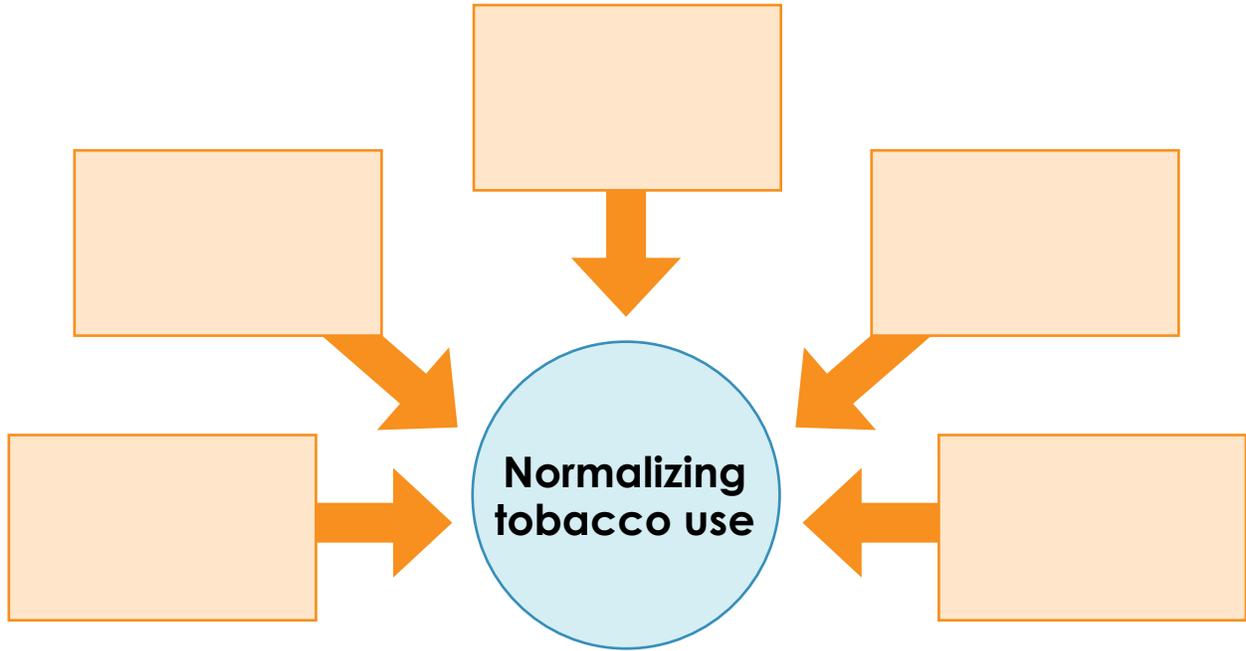
	Your values		Social norms
<ul style="list-style-type: none">The information you have can influence your decisions.		<ul style="list-style-type: none">How you feel about yourself can influence your decision to use tobacco products.	

4. Fill in the missing information to explain how external influences determine whether teens use tobacco products.

Peer pressure		Accessibility	
	<ul style="list-style-type: none">If the adults in your life use tobacco products, you will be more likely to use as well, and, if they don't, then you are less likely to.		<ul style="list-style-type: none">Portrays the use of e-cigarettes as something cool or fun to do, rather than talking about the negative health problems that come with using or even being around e-cigarettes

Tobacco Norming in Society

5. List the five ways tobacco use is normalized.



Tobacco Products and School Policies

6. Describe two ways school policies can have an impact on your use of tobacco.

