

LESSON 11.1 Tobacco Products and the Rise of E-Cigarettes Note-Taking Guide

Tobacco and Its Ingredients

1. _____ is a plant grown for its leaves, which are dried and put into tobacco products.
2. The main ingredient and addictive chemical in tobacco is _____.

Tobacco's Effects on the Body

3. List three short-term effects of tobacco on the body.

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4. List three long-term effects of tobacco on the body.

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E-Cigarettes

5. List three names of e-cigarettes in the following boxes.

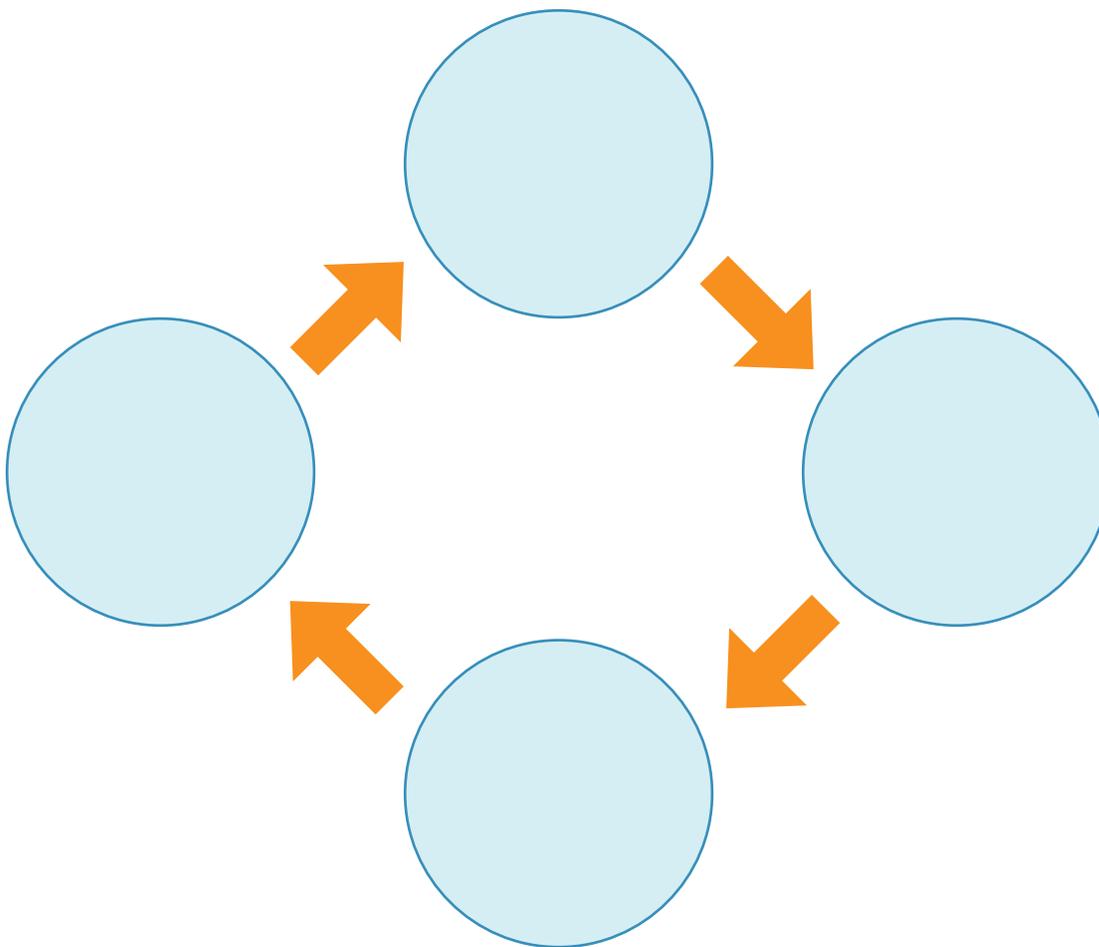
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CHAPTER 11: Tobacco and E-Cigarettes

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6. Describe what vaping is.

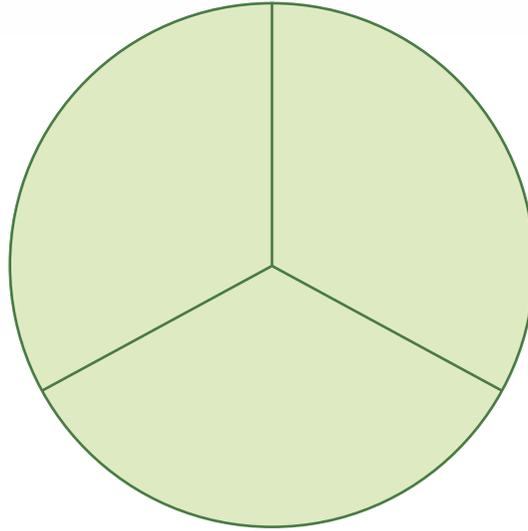
7. List four items found in the aerosol or vape that e-cigarette users inhale and exhale.



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8. What are the primary components of e-juice?



Who Uses E-Cigarettes?

9. The leading reason teens use e-cigarettes is due to the _____.

Health Risks and E-Cigarettes

10. List three of the health risks related to vaping you think teens should be most aware of.

