

Signs of Alcohol Use

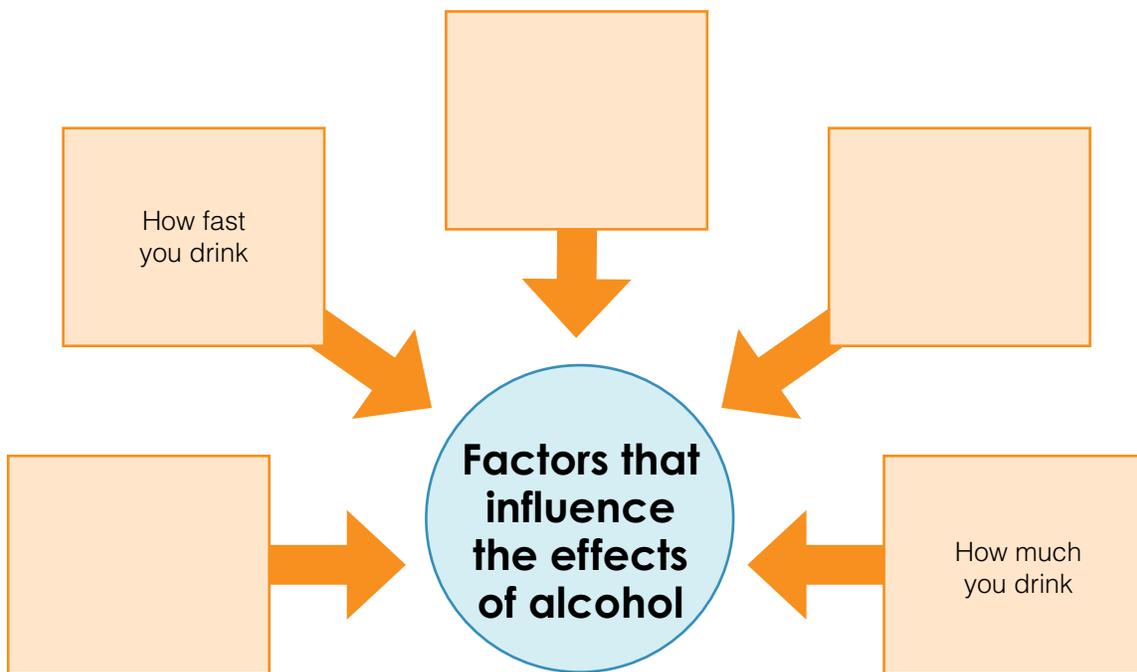
1. Teens may drink to _____ in with a _____ group of friends, to _____ their feelings about things that are happening that they may not be able to control, or out of _____ because it seems everyone has tried drinking except them (which is never the case).

What to Do for an Alcohol Overdose

2. An alcohol overdose is when a person has drunk so much alcohol that the areas of the _____ that control basic life-support functions begin to shut down.
3. If you think someone has overdosed, call _____.

Factors That Influence the Effects of Alcohol

4. Fill in the remaining factors that influence the effects of alcohol.



Physical Effects on the Body

5. _____: Blurred or double vision.

Skin: _____ increases and skin becomes flushed.

Liver: Breaks down _____ at an average rate of one standard drink per hour. The more you drink, the longer it takes for your liver to metabolize the alcohol, so you become drunk faster.

Kidneys and fluid balance: _____ occurs.

_____ : Nausea, vomiting, diarrhea, and indigestion may happen.

6. **Brain and nervous system:** Brain damage, _____ loss, or stroke

_____ : Cardiovascular disease and high blood pressure

Liver: _____ of the liver and cancer. Cirrhosis of the liver is irreversible scarring of the liver and may lead to internal bleeding, kidney failure, and coma.

Immune system: _____ ability to fight off infections.

Stomach and esophagus: Inflamed lining and bleeding and _____ of the esophagus.

Effects of Alcohol Use During Pregnancy

7. List three things that drinking alcohol during pregnancy can cause.



Mental Effects of Alcohol Use

8. Identify two short-term effects of drinking alcohol.

9. Identify two long-term effects of drinking alcohol.

Emotional Effects of Alcohol Use

10. List the four main reasons people drink.

- 1 _____
- 2 _____
- 3 _____
- 4 _____

Risks of Underage Drinking

11. List two social consequences of underage drinking.

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Risk Taking

12. Identify two risky decisions that may come as a result of drinking alcohol.

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