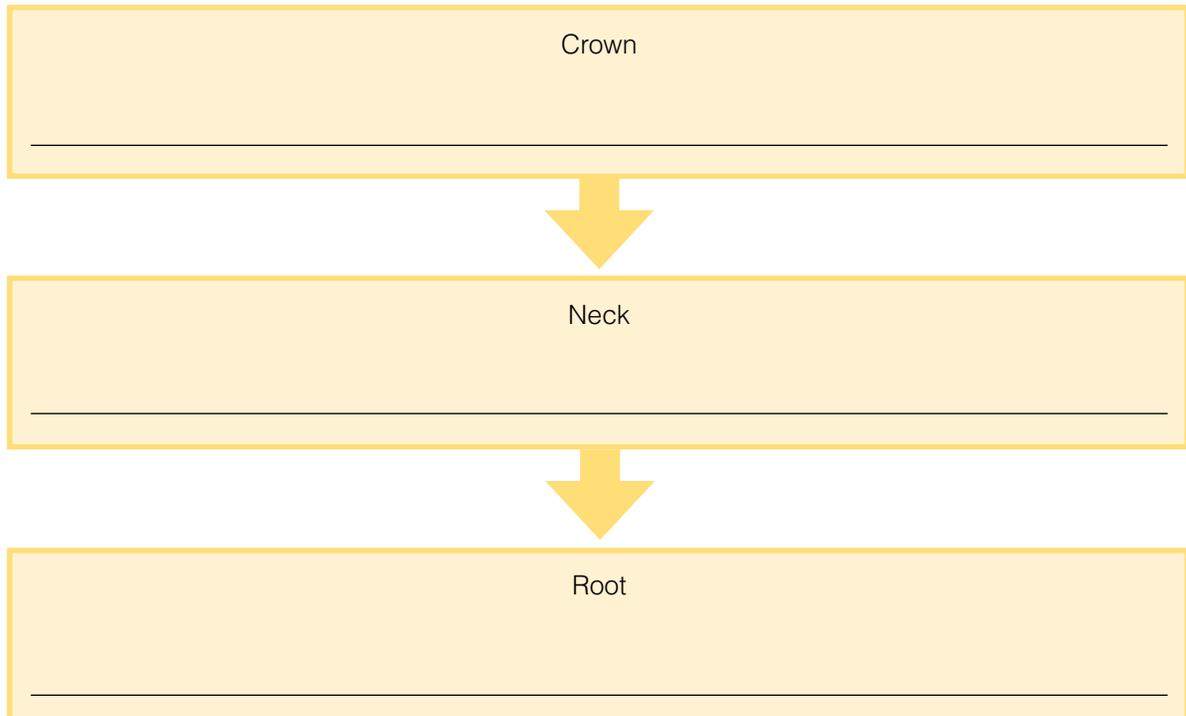


Your Mouth

1. Also called your _____ cavity
2. Provides an opening into the body for _____ and _____
3. Home to several _____, such as the tongue, the salivary gland ducts, and the teeth
4. The movements of your tongue, lips, and cheeks help you produce sounds and _____

Your Teeth

5. Describe the three parts of teeth in the following boxes.



6. A normal adult mouth has _____ teeth.
7. _____—in the front of your mouth. Used to take bites of food. (8 total)
8. _____—your “fangs” or long teeth. Used to rip food apart. (4 total)
9. _____—next to your canine teeth. Used to chew and grind food. (8 total)
10. _____—largest teeth in your mouth. Used for chewing and grinding food. (8 total)
11. _____ teeth—these are the last molars to grow in the back of your mouth.

Caring for Your Mouth and Teeth

12. Describe the two most important things you can do to care for your mouth and teeth.

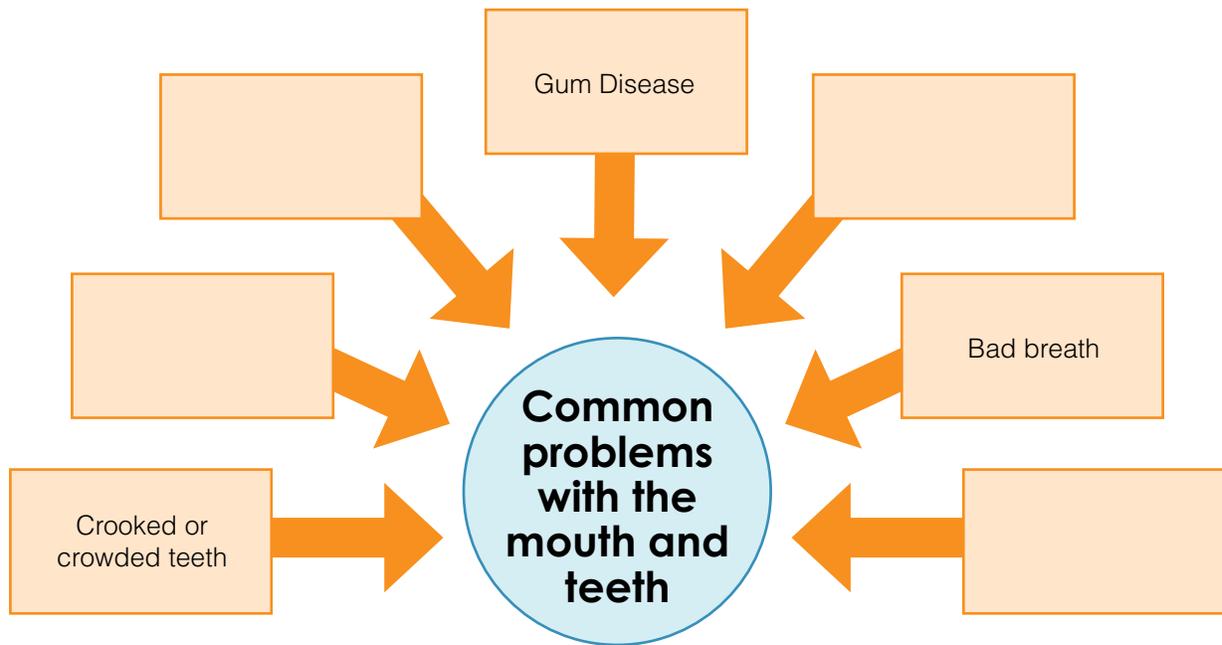
- 1 _____
- 2 _____

Visiting the Dentist

13. Recommended that you visit a dentist every _____ months for a deep cleaning and a checkup

Common Problems With the Mouth and Teeth

14. Identify the four remaining common problems with the mouth and teeth in the empty boxes.



Goal Setting for Good Dental Hygiene

15. Creating a habit of brushing _____ a day and flossing _____ a day will go a long way to maintaining good oral health.

CHAPTER 2: Personal and Consumer Health

Lesson 2.2

16. What is a SMART goal?

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