

Cardiovascular Diseases

1. Briefly describe each of the cardiovascular diseases listed.

Coronary heart disease:	
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Stroke:	
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High blood pressure:	
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Diabetes:	
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Cancers

2. Identify two risk factors for each type of cancer listed.

Breast

Colon

Lung

Melanoma

Prostate

Leukemia

Osteoporosis

3. What things put a person at risk for osteoporosis?

Arthritis

4. Can kids get arthritis? What type of arthritis do they get?

Asthma

5. List three facts about asthma.

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② _____

③ _____

Alzheimer's and Dementia

6. What is Alzheimer's disease?