

LESSON 14.1 Injury Prevention and Safety at Home Note-Taking Guide

Safety First

1. Injuries are the leading cause of death in youth 19 years of age and younger. There are two types of injuries that may occur, unintentional and intentional. Define each and provide two examples.

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|--------------------------------|--|
| Unintentional injuries: | |
|--------------------------------|--|

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|------------------------------|--|
| Intentional injuries: | |
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Staying Safe at Home

2. List the four most common incidents in homes.

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| 1. |
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| 2. |
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| 3. |
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| 4. |
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3. For falls, poisoning, and fire list two ways to prevent each one.

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| Falls _____ _____ |
| ↓ |
| Poisoning _____ _____ |
| ↓ |
| Fire _____ _____ |

4. List four firearm safety tips to stay safe in your home.

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| 1. | |
| 2. | |
| 3. | |
| 4. | |

5. List and explain the three fire triangle elements.

Fire triangle

Natural Disasters

6. What are three things you should do to prepare for a natural disaster?

7. Define the term *natural disasters*.

Natural disasters:

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8. List the three natural disasters described in the lesson. For each disaster, explain how you could prepare and stay safe.

1.

2.

3.