

Understanding Death

1. Our ability to comprehend death is based on our understanding of four concepts. Fill in either the missing concept or the explanation of each concept.

Irreversibility	
	<ul style="list-style-type: none">• All functioning stops with death.
	<ul style="list-style-type: none">• Death happens to all living things.
Causality	

2. Infants and toddlers are not yet developed enough to understand the concept of death, but they can react to others' _____.
3. Elementary-age children may not yet understand death as _____, and they may not grasp what causes death to occur.
4. Adolescents understand death in the same way that _____ do.
5. Older adults experience loss more frequently as peers die, and they also experience smaller losses around declining health or _____.

Experiencing Grief

6. In your own words, describe two different kinds of grief.

Mourning and Bereavement

7. Compare and contrast mourning and bereavement.

Cultural and Religious Influences on Mourning and Bereavement

8. Identify three ways culture and religion might influence how a person experiences mourning and bereavement.

1.
2.
3.

Communicating Support for Those in Grief

9. Suggestions for communicating support for those in grief include:

Simply share that you are _____ for their loss.

Do _____ things that are helpful to the person and that show support.

Be _____ and present.

Listen and _____.

Stay _____.