



Princess Ballet

Every little girl wants to be a Princess

In the fall of 2010 we will be offering a princess ballet class for 3 and 4 year olds. This class will include learning the 5 ballet positions as well as ballet stretches and dances performed to our favorite princess songs. We will also create our own wand and crown the first day of class so we can use it each week during class. Princesses can also dress each week as their favorite princess. We will also learn manners and proper Princess etiquette.

 **HOFFMAN ESTATES PARK DISTRICT**
www.heparks.org 847-885-7500

From A.R. Hurd and D.M. Anderson, 2011, *The park and recreation professional's handbook* (Champaign, IL: Human Kinetics).
Courtesy of Hoffman Estates Park District.