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# CHALLENGE CARD

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## Dynamic Barrier

### Equipment

One long jump rope, one large 22- to 34-inch (56- to 86-centimeter) ball, three deck tennis rings, one hula hoop, and one gym scooter.

### Starting Position

All group members and all equipment start on one side of the turning rope. Two group members begin by turning the rope toward the remaining team members.

### Our Challenge

The team must get all team members and all equipment through the turning rope in the methods described in the rules.

### Rules and Sacrifices

1. All group members and all equipment must pass through the barrier without touching it.
2. Group members must roll the large ball through the barrier, and a group member must accompany it. In other words, a team member and the ball must pass through the barrier together, but the ball must be rolling.
3. Team members must toss the deck tennis rings through the barrier, and a team member on the opposite side must catch them. If a team member drops a ring, the team must start the challenge over from the beginning.
4. The scooter must carry a team member through. The team must decide who will sit on the scooter and then push that person through the barrier. Caution: Teammates may assist and push the scooter and their teammate through, but they must be aware of their proximity to the walls. As soon as the scooter gets through the barrier, the rider should stop it and not coast into teammates or equipment.
5. Two teammates must pass through at the same time while holding the hula hoop.
6. All remaining students on the team must pass through the barrier together. Although they do not have to be connected, they must pass through at the same time.
7. If any teammate or any equipment touches the barrier, then that person or that piece of equipment and all team members who have already successfully passed through the barrier must go back to the start.
8. No one may call others by their last names or use put-downs.

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# ORGANIZER CARD

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## Dynamic Barrier

### Questions

1. What equipment do we use?
2. What will be our order of traveling through the rope?
3. What happens if the turning rope touches a team member?
4. What happens if the rope touches a piece of our equipment?
5. Are there any safety issues that we should discuss?

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