
CHALLENGE CARD

Alphabet Balance Beam

Equipment

A high balance beam, plenty of mats for safety, and at least two crash pads.

Starting Position

Group members sit on the balance beam in random order. The instructor may assign the group to arrange itself alphabetically by first name, middle name, last name, or other scheme.

Our Challenge

The group completes the challenge when all group members are standing on the beam in the assigned alphabetical order.

Rules and Sacrifices

1. All group members must stay on the beam during the task.
2. If any person touches the floor or mats, the entire group must start the task from the beginning.
3. If any group member touches the support legs of the beam, the group must start over.
4. No one may call others by their last names or use put-downs.

ORGANIZER CARD

Alphabet Balance Beam

Questions

1. By which names are we alphabetizing ourselves?
2. In which direction are we getting into alphabetical order?
3. What happens if a person touches the floor during the task?
4. What happens if a person touches the support legs of the beam?
5. What will we be doing when we have completed the challenge?
6. Can you think of any safety issues that we should discuss?