
CHALLENGE CARD

Lean on Me

Equipment

A very long rope with the ends tied together to create a large circle and one base or poly spot for each group member.

Starting Position

Group members stand evenly spaced around the rope. The group backs up so that the rope is taut. Group members each stand on a base. Their arms should be straight. After group members begin the challenge, they may not move their hands on the rope.

Our Challenge

The group decides which group members let go of the rope so that eventually as few teammates as possible are holding the rope.

Rules and Sacrifices

1. Group members may not step off a base until they have released the rope with their hands.
2. Group members may not move their hands on the rope after they have started doing the task.
3. Group members may not bend their elbows while holding onto the rope.
4. The rope may not touch the floor.
5. No one may call others by their last names or use put-downs.

ORGANIZER CARD

Lean on Me

Questions

1. What equipment do we use?
2. What shape will the group form with the rope?
3. What happens if the rope touches the floor?
4. What happens if we step off the base before we let go of the rope?
5. Can we move our hands on the rope?
6. Can we bend our elbows?
7. How will we know when we have completed the task?
8. Can you think of any safety issues that we should discuss?