
CHALLENGE CARD

Electric Fence

Equipment

A high balance beam, tumbling mats for safety, a volleyball net, and two volleyball net standards.

Starting Position

All group members stand on the entry mat at one end of the balance beam.

Our Challenge

The group completes the task when all group members have advanced from the entry mat to the exit mat without touching the electric fence (net). All group members must pass under the net.

Rules and Sacrifices

1. Group members must begin the task by getting on the top of the balance beam.
2. Group members must go under the electric fence (net) without touching the net.
3. Group members may not touch the floor or mats between the entry and exit mats.
4. Group members must get back on top of the beam before getting off the beam.
5. After group members get off the beam and onto the exit mat, they may not get back onto the beam to help.
6. Teammates must be on the ledge in order to help teammates on top of the beam. Teammates on the ledge may not assist those hanging under the beam.
7. Only the team members on top of the beam may assist teammates hanging under the beam.
8. No one may call others by their last names or use put-downs.
9. If a group member breaks a rule, that person and one successful person must start at the beginning.

ORGANIZER CARD

Electric Fence

Questions

1. Where is the entry mat?
2. Where is the exit mat?
3. What happens if we touch the floor between the entry and exit mats?
4. Must we go under the electric fence (net)?
5. What happens if we touch the electric fence?
6. What do we have to do before we get off the beam?
7. Where will we be when we finish the challenge?
8. Can you think of any safety issues that we should discuss?