
CHALLENGE CARD

Island Escape

Equipment

Five hula hoops or tires (to remain stationary), five balloons or 18-inch (45-centimeter) cones, six scooters, and five long jump ropes.

Starting Position

All group members begin at one end of the gym.

Our Challenge

The group must travel from island to island until all group members make it across the ocean. The group must leave one scooter, one balloon (or cone), and one jump rope at each island after the last person leaves that island.

Rules and Sacrifices

1. If a group member touches the floor, that person and the person who has advanced the farthest must return to the beginning.

2. If a sacrifice occurs after people are across the ocean, group members may take a scooter back to the start.
3. The group may not move the hula hoops.
4. The group may not skip an island. No group member may go two islands ahead (the group may not leave an empty island between group members). No one may touch the floor (ocean).
5. No one may call others by their last names or use put-downs.

ORGANIZER CARD

Island Escape

Questions

1. What happens if someone touches the floor?
2. Can we move the hula hoops?
3. Can we skip islands?
4. What must we leave at each island as the last group member leaves that island?
5. Can you think of any safety issues that we should discuss?