

Web Resource 11.1

Participant Information Worksheet

Use this worksheet to examine your unique situation as you design your behavior management plan. The answers to the following questions will help you develop behavior management methods for your group.

What is the age level or grade level of the participants?

What are the socioeconomic statuses of the parents?

What value do the parents place on participation in physical activity?

What behavior management methods are employed in the home?

How are the participants unique in the following areas?

Learning styles

Skill levels

Interests

Abilities

Personalities

Thoughts, feelings, and attitudes

Experiences

Is the group homogeneous? _____

Is the group heterogeneous? _____

1 From B.W. Lavay, R. French, and H.L. Henderson. 2016, *Positive behavior management in physical activity settings web resource*, 3rd ed. (Champaign, IL: Human Kinetics).