

CHECKLIST 10.1 Children and Youth Rights and Ethical Professional Behaviors

Rate yourself regarding the following statements in your own physical activity or practicum setting, or you can answer these checklists based on your intent.

	Consistently	Inconsistently	Never
I follow children's rights, laws, and policies:			
International	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
National	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
State	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Local school and community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I follow the principles used in codes of physical education and sport ethics.			
I meet the needs of children and youth through the benefits of physical education.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I provide integrity in relationships (e.g., teacher to child).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I support and develop participant-to-participant relationships (e.g., mutual respect).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I focus on fair play.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I provide equality for all children and youth for successes, dignity, opportunities to participate regardless of ability, and to not be harassed or discriminated against.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I help children and youth to internalize moral values of honesty, trust, fairness, and responsibility by modeling and reinforcing what is correct behavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have and demonstrate the appropriate education and training, as well as continual sharing of knowledge related to effective behavior management approaches with colleagues, parents, and community leaders throughout my career.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I apply professional standards-based competencies as well as district, state, province, and national laws and policies related to behavior management.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I provide the level of participation and activities to children and youth that is commensurate with their developmental levels in a safe, secure environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I provide fun, positive opportunities for children and youth through sport.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

I use professional judgment in selecting behavior management techniques in teaching or coaching that are evidence-based and based on student or athlete educational needs and interests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I use an open and trusting interaction between other physical activity professionals, administrators, and parents or guardians.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am positive, enthusiastic, and cheerful.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I give feedback in a constructive and encouraging manner.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I measure behavioral changes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I consistently obtain and respond to inappropriate interactions, particularly bullying, between a group and a student or between a student and a student with the focus on respectful treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I avoid exploiting a relationship with a student, staff, parents, or guardians.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I avoid using corrective actions in a humiliating manner that embarrasses the student or player as a way to improve behavior in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I use sanctions sparingly, administer them in a consistent fashion, apply them in an impersonal manner, and ensure they do not involve physical activity (e.g., running laps, doing sit-ups).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am aware there is a racial disproportion in school discipline, especially involving African American boys (Kirwan Institute, 2014).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I provide rules and expectations that are positively stated and communicated.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I support the rights of students to refuse inappropriate touching, keep secrets, and say no.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>