

Chapter 10 Glossary Terms

behavior—Observable actions or conduct of a person.

discipline—Control gained by requiring that rules or orders be obeyed and by punishing behavior that does not follow rules or orders.

ethical—Concept that relates to what is good and bad based on what is a person's or a group's beliefs.

moral—Concept that relates to the right or wrong of meeting or exceeding professional and societal standards.

negative discipline—Usually reactive behavior related to having participants run laps or perform other tasks as a result of a misbehavior.

positive discipline—Focuses on modeling positive behavior and ensures student or player input in the development of class or team rules.

principles—Social rules of conduct based on ethical behavior and conduct.

1 From B.W. Lavay, R. French, and H.L. Henderson. 2016, *Positive behavior management in physical activity settings web resource*, 3rd ed. (Champaign, IL: Human Kinetics).