

## CHECKLIST 8.1 Recognizing Bullies and Bullying Behaviors

Rate yourself regarding the following statements.

	Consistently	Inconsistently	Never
I know the behaviors associated with the three types of bullying (verbal, physical, and relational or social) as described in figure 8.1 so I can identify bullying behaviors when they occur.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am vigilant in recognizing bullies by learning the characteristics of bullies as described in the section Profile of a Bully and figure 8.2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am vigilant in recognizing victims of bullying by learning the common signs as described in the section Who Are the Victims of Bullying and in figure 8.3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am vigilant in watching for bullying in the environments where bullying is most likely to occur, such as locker rooms, showers, restrooms, playgrounds, behind buildings, in the cafeteria, in hallways, on the bus, and at the bus stop.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am vigilant in watching for bullying in activities where there is a high level of competition and physical contact.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am vigilant regarding participants who may tease others or call them names and I intervene when such behavior occurs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>