

CHECKLIST 3.1 Administering Positive Reinforcement

Rate yourself regarding the following statements based on your own physical activity or practicum setting, or you can answer these checklists based on your intent.

	Consistently	Inconsistently	Never
I provide reinforcement contingent on a participant or group demonstrating the appropriate behavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I individualize reinforcers to meet the unique needs of each participant.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am patient with my plan to increase positive behavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When I see the desired behavior, I reinforce that participant immediately.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I pair social reinforcers with tangible reinforcers so that I can eventually phase out the tangible reinforcers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
On the continuum of reinforcement methods, I choose the method that requires the least amount of reinforcement to change a behavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Once a participant or group performs the behavior, I reinforce less often.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I help participants be intrinsically motivated.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>