

CHECKLIST 5.4 Using Self-Evaluation

Rate yourself regarding the following statements.

	Consistently	Inconsistently	Never
I teach participants to evaluate their own behavior by comparing it to a set of criteria and when needed with a rubric.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I reinforce participants or encourage them to reinforce themselves when they meet the criteria.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I describe and demonstrate behaviors that I want participants to exhibit, such as good sporting behavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I ask participants to reflect and tell what behaviors they did that demonstrated good sporting behavior.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I encourage self-evaluation in groups. I facilitate the development of goals and encourage the groups to evaluate whether they have met each goal. I reinforce those groups that achieved the goals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>