

Behavior Management Scenarios

The vignettes in this section of the web resource have been modified from Henderson, H.L., & French, R.W. (1993). *Creative approaches to managing student behavior: A guide to effective teaching*, (2nd ed.). Park City, UT: Family Development Resources.

We present 10 behavior problems that are some of the most common in children and youth in physical activity settings. For each behavior we include a vignette, possible causes of the problem behavior, and suggested prevention and intervention strategies.

To understand the behavior management process, you need to consider the cause of the behavior. Unless the cause of the behavior is determined, interventions may be contraindicated or ineffective. For example, if a child is displaying an inappropriate behavior that is caused by medication, correcting the child for that behavior is not appropriate. It is also important to consider ways to prevent behavior problems before initiating intervention strategies.

1 From B.W. Lavay, R. French, and H.L. Henderson. 2016, *Positive behavior management in physical activity settings web resource*, 3rd ed. (Champaign, IL: Human Kinetics).