

Web Resource 3.1

Physical Activity Reinforcer Preference List

Name: _____ Class or group: _____

If you were to be rewarded, what physical activities would you like most? In the following list circle your top three rewards:

- Basketball
- Cross-country running
- Flag football
- Floor hockey
- Frisbee
- Jump rope
- Ladder walking (forming human ladders)
- Poi balls (from performing art show)
- Soccer
- Softball
- Sport option (a variety of equipment is brought out and you can participate in any activity you like)
- Volleyball
- Water relays (requires movement of water and a water-balloon toss)
- Other: _____