

## Chapter 4 Websites

### **Bonnie's Fitware**

[www.pesoftware.com](http://www.pesoftware.com)

This website provides information on a variety of physical activity topics, including software products, presentations, online learning, book support, newsletters, and resources. In the resources section are articles on issues of interest to physical activity professionals.

### **Center for Effective Discipline**

[www.stophitting.com](http://www.stophitting.com)

This website provides educational information to the public on the effects of corporal punishment of children and alternatives to its use. Articles on the website discuss corporal punishment at school and in the home, the effects of corporal punishment, what kids can do about paddling, what teens can do, and what parents can do. U.S. statistics and state policies on corporal punishment are provided, and there is a model state board of education resolution on banning corporal punishment.

### **The Conflict Resolution Information Source**

[www.crinfo.org](http://www.crinfo.org)

This website is a free service offering a keyword-coded catalog of more than 20,000 web, print, organizational, and other resources related to conflict resolution. Many browsing and searching tools are available to help users find information that addresses their specific needs. An education section offers information about conflict programs and teaching materials such as curricula, games, and exercises for teaching peace and conflict topics in primary and secondary school settings.

### **Intervention Central**

[www.interventioncentral.org/home](http://www.interventioncentral.org/home)

This website provides free resources for teachers, schools, and districts to help struggling learners and to implement response to intervention. Tools such as checklists on changing behavior and self-monitoring, behavior rating scales, behavior chart and graph maker, motivational activities, and intervention suggestions for challenging students are on this website.

### **Out on a Limb: A Guide to Getting Along**

<http://extension.illinois.edu/conflict/index.cfm>

This is an interactive conflict management website for youth in grades 3 and 4. Conflict resolution processes are being used by parents, schools, juvenile justice facilities, and youth-serving organizations to teach youth to deal with life's daily challenges without walking away or fighting. This website help teaches youth how to better manage the conflicts and challenges they face on a daily basis. The activities on the Out on a Limb site are primarily for third-graders but can be used to entertain and educate youth from grades 2 and 4 as well. Publisher is Urban Programs Resource Network.

1 From B.W. Lavay, R. French, and H.L. Henderson. 2016, *Positive behavior management in physical activity settings web resource*, 3rd ed. (Champaign, IL: Human Kinetics).

### **Society of Health and Physical Education (SHAPE America)**

[www.shapeamerica.org](http://www.shapeamerica.org)

The website for the national organization for health and physical educators and coaches provides information on professional development, standards and guidelines, grants and scholarships, recognition and accreditation, conferences and events, and media and advocacy. It also contains resources and publications and information on these topics: physical education, physical activity, health education, research, dance, early childhood education, and sport.

### **Time-Out**

[http://en.wikipedia.org/wiki/Time-out\\_\(parenting\)](http://en.wikipedia.org/wiki/Time-out_(parenting))

This Wikipedia page provides a definition of time-out, the history of its inception as a behavior management method, the application of time-out, and its effectiveness and disadvantages.