

Table 9.1 Rubric for Performance Culminating Assessment (Game Play)

Performance level	Performance criteria			
	Skill performance	Application of strategy	Court movement	Application of rules and etiquette
Proficient: 4	<p>Selects and performs appropriate strokes.</p> <p>Selects and performs effective correct forehand stroke (learning cues).</p> <p>Selects and performs effective backhand (learning cues).</p> <p>Performs overhead serve effectively (learning cues).</p> <p>Performs the volley after hitting an approach stroke, shortens the backswing on the volley stroke, and directs the ball to the sides of the court.</p> <p>Performs and uses the lob effectively.</p>	<p>Correctly applies appropriate offensive strategy, returning ball to open space so opponent has to move to get to the ball.</p> <p>Mixes up down-the-line and cross-court shots to keep opponent moving and off balance.</p> <p>Hits approach strokes to take the net, and hits volley shots to the fore-court corners.</p> <p>Strong use of appropriate defensive strategies.</p> <p>Moves to home position at the baseline after returns.</p> <p>Utilizes the lob to regain the home position when caught out of position and when opponent is at net.</p>	<p>Consistently anticipates ball placement and moves to the ball.</p> <p>Returns to home when appropriate after stroke.</p> <p>Rarely caught out of position.</p> <p>Uses the ready position effectively to be able to move quickly in any direction to get to the ball.</p>	<p>Demonstrates accurate knowledge and applies rules correctly.</p> <p>Applies correct scoring during set, game, tiebreaker, and always calls accurate score when serving.</p> <p>Does not argue calls by opponent.</p> <p>Attempts to settle disputes with compromise.</p> <p>Applies and follows the rules of game etiquette and fair play.</p> <p>Consistently demonstrates good sporting behavior.</p>
Competent: 3	<p>Selects and performs appropriate strokes most of the time.</p> <p>Performs forehand stroke effectively.</p> <p>Performs backhand effectively but needs to generate more power and accuracy.</p> <p>Does not lead with the racket head but the hand.</p> <p>Performs overhead serve effectively, but does not consistently serve with power into the service court.</p>	<p>Frequently applies appropriate offensive strategies.</p> <p>Hits balls to open areas of court.</p> <p>Takes net position but not always after an effective approach stroke.</p> <p>Plays net effectively.</p> <p>Demonstrates good ball placement at least 50% of the time.</p> <p>Uses overhead serve and places balls at back of serve court with force.</p> <p>Applies appropriate defensive strategies.</p> <p>Returns balls so that opponent has to hustle to get to it; as a result, has time to return to home position.</p>	<p>Frequently anticipates ball placement and moves to the ball and returns the ball.</p> <p>Returns to "home" when appropriate after stroke.</p>	<p>Demonstrates knowledge and applies most rules correctly.</p> <p>Aware of correct scoring during set, game, tiebreaker, and usually calls out correct score when serving.</p> <p>Applies and follows the rules of game etiquette and fair play.</p> <p>Accurately calls lines and does not argue calls by opponent.</p> <p>Consistently demonstrates good sporting behavior.</p> <p>Congratulates partner and opponents for good plays and rallies.</p>

Performance level	Skill performance	Application of strategy	Court movement	Application of rules and etiquette
		<p>Uses lobs to regain effective position.</p> <p>Plays the serve in appropriate place dependent on the power and depth of opponent's serve. Returns serves deep.</p>		<p>Does not taunt the opponent.</p> <p>Shakes hands with partner and opponent at the end of the match.</p>
Recreational: 2	<p>Selects and performs appropriate strokes at least half the time.</p> <p>Performs correct forehand stroke cues at least half the time.</p> <p>Performs correct backhand cues at least half the time.</p> <p>Performs overhead serve correctly at least half the time.</p> <p>Uses the volley inappropriately and ineffectively.</p> <p>Does not utilize the lob stroke to regain court position.</p>	<p>Tries to apply offensive strategies of hitting to open space and returning to home base but is only successful 50% of the time.</p> <p>Returns the ball consistently but does not accurately place the ball effectively 50% of time.</p> <p>Application of defensive strategies is absent.</p> <p>Does not always move quickly to get back to home base so is frequently caught out of position.</p>	<p>Has difficulty anticipating ball placement and so often does not get to the ball in time to return it.</p> <p>Slowly returns to home when appropriate after stroke, often only to back court.</p> <p>Plays in back court, not behind baseline area.</p> <p>Assumes ready position with feet flat, knees straight, and/or racket head pointing down toward court service.</p>	<p>At times is not sure what rule applies and how it is applied in a particular situation. Tries to follow rules correctly.</p> <p>Is mostly aware of correct scoring during set, game, and tiebreaker.</p> <p>Usually calls correct score when serving but sometimes needs prompting.</p> <p>Applies and follows the rules of game etiquette and fair play most of the time.</p> <p>Demonstrates good sporting behavior most of the time.</p>
Novice: 1	<p>Is inconsistent in selection and performance of appropriate forehand and backhand strokes.</p> <p>Does not swing through the ball and follow through on either the forehand or backhand.</p> <p>Leads with the hand instead of the racket head on both forehand and backhand.</p> <p>Tends to try to run around the backhand and use the forehand stroke instead.</p> <p>Uses the punch serve but is not effective or accurate most of the time.</p> <p>Does not use the volley or the lob strokes.</p>	<p>Does not appear to understand or is not able to apply offensive and defensive strategies during game play.</p> <p>Is doing well to return the ball to the opponent's court.</p> <p>Does not intentionally place the ball.</p> <p>Does not use the volley or the lob stroke.</p> <p>Uses punch serve and faults on serve more than 50% of the time.</p>	<p>Remains in the same place on the court, usually near service court back line.</p> <p>Does not move to the ball until it is too late.</p> <p>Does not move well on the court, is too slow, and does not anticipate or move to home position at baseline.</p> <p>Does not return to the ready position, and stands with feet flat, knees straight, racket held in just racket hand hanging down toward court surface.</p>	<p>Follows rules correctly most of the time but often needs prompting by opponent or teacher.</p> <p>Does not demonstrate correct knowledge of scoring during set, game, or tiebreaker, and needs continued prompting by opponent, teammate or instructor.</p> <p>Rarely knows the correct score to call out before each serve and needs continued prompting by opponent, teammate or instructor.</p> <p>Frequently breaks the rules of game etiquette and fair play. Argues calls, taunts opponents, yells at opponents, does not congratulate others for good plays.</p> <p>Often displays poor sporting behavior.</p>

From J.L. Lund and M.F. Kirk, *Performance-Based Assessment for Middle and High School Physical Education*, 3rd ed. (Champaign, IL: Human Kinetics, 2020).