

Goals for a Target Archery Unit

1. Students demonstrate knowledge of the following: names and functions of parts of the bow, arrow, and safety equipment; information necessary to purchase appropriate equipment; and how to repair and properly store equipment.
2. Students identify and understand safety rules and apply them before, during, and after a round of target archery.
3. Students identify and demonstrate the critical performance cues for each part of the shooting process: stance, grip, nock, draw, anchor, aim, release, and follow-through.
4. Students identify and demonstrate the cues for aiming at a target using the point-of-aim method or using a bow sight.
5. Students diagnose possible errors in the shooting process by identifying arrow groupings in the target, then make adjustments in their own shooting technique and help peers make adjustments to improve shooting accuracy and scores.
6. Students demonstrate improvement across the unit in shooting performance scores while participating in individual and team class shooting rounds at various distances.
7. Students articulate their feelings about their skill development and participation in the sport of target archery, and they develop a plan for how they can continue to participate in the sport, if desired.