

## Essential Questions for a Tennis Unit

1. What are physical, psychological and social benefits of playing tennis throughout a lifetime?
2. What skills are necessary to play tennis successfully? What critical performance elements and cues do you use to successfully perform these skills?
3. What major movement concepts and mechanical principles apply to the performance of tennis skills? How do they apply, and in what situations?
4. What rules of the game must one know and be able to apply to successfully participate in a tennis match?
5. What social behaviors, rules of etiquette, and sportspersonship behaviors are necessary to develop to successfully play and enjoy tennis?
6. What offensive and defensive tactics and strategies should you use while playing singles tennis in order to outplay your opponent? How about doubles tennis?
7. How can you continue to expand and improve your tennis skills and playing ability beyond this particular class? What effective practice and learning strategies can you identify?