

Self-Responsibility Checklist

Name _____ Date _____

My self-control

- I did no name-calling or making fun of others.
- I did not allow others to make me angry.
- If I got mad, I tried to have self-control.
- I did not interrupt when someone was talking.
- I stopped when the teacher said, "STOP."
- I held the equipment still while listening.

My involvement

- I listened to all directions.
- I tried all activities.
- I worked even when I did not feel like it.

My self-responsibility

- I followed all directions.
- I was responsible for myself.
- Even though I saw someone doing something wrong, I chose to mind my own business.

My caring

- I asked someone to join my group, even though he/she was not my friend.
- I took care of the physical education equipment.
- I said something nice to someone.

Comments