

Culminating Performance and Product for a Tennis Unit

Performance

You will select and effectively demonstrate the appropriate basic strokes in various situations; demonstrate knowledge of the rules, rules of etiquette of the game, and appropriate good sportsmanship behavior; and apply offensive and defensive strategies appropriately while playing in the class singles and doubles tournament. You will also assist in some capacity as a tournament official to help the tournament run smoothly.

Portfolio

You may develop your portfolio in your choice of format: a paper notebook or an electronic portfolio in Microsoft Word or PDF format. The portfolio must include a title page that includes your information and class information. You must also include a table of contents organized by class unit goals under which you include documents that provide evidence that you have achieved that goal. Your portfolio will be submitted on the first class day after the unit is completed. Your portfolio should include evidence that you have achieved unit goals. It must include the following artifacts that provide evidence of the achievement of the tennis unit goals:

1. Answers to the essential questions for the unit, including performance cues for each of the tennis strokes, or other artifacts that provide evidence that you have demonstrated the ability to answer the essential unit questions.
2. A reflective journal regarding your daily class goals, practice activities, and practice performance and assessment results. It should also include a list of your short- and long-term personal goals, a discussion of whether you have reached these goals, and what strategies you used to pursue them.
3. Graphs that represent your practice progress for each stroke over the course of the unit, using data from formative assessments completed daily in class.
4. A summary of your performance statistics for each tournament match, as well as a summary of totals and averages for the entire tournament. In addition, write a reflection about your performance and experience during the tournament.
5. A log detailing practice and playing episodes outside of class, including where you played, who you played with, how well you played, and any other relevant information.
6. Two documents of your choice. Please check with me before developing your own documentation.

Project

In a group of five, prepare for and produce a video that promotes tennis as a valuable, accessible, and enjoyable physical activity for a lifetime. The video should also be instructional and address the essential questions of our tennis unit. It should be edited and should be of high quality so that it can be used with classes and community recreation programs, placed in the community library, and posted on the school's physical education website or on YouTube to promote the sport and help people get started.