

**Table 9.7** Block Plan for a Tennis Unit

Week 1									
Day 1	Day 2			Day 3			Day 4		
Learning activity	Assessment	Learning activity	Assessment	Learning activity	Assessment	Learning activity	Assessment	Learning activity	Assessment
FHD 1	FHD 1	Review FHD		Review		Review FHD		Review and refine FHD	
FHD 2	FHD 2	FHD 4	4a, b	FHD 4	4a, b	FHD 6	4a, b, c	FHD 5	5
FHD 3	FHD 3	FHD 5	5	FHD 5		FHD 7	7	FHD 6	6
FHD 4	FHD 4a, b, c	Introduce BHD		FHD 6	6	Review BHD		FHD 7	7
		BHD 1	1	Review BHD		BHD 3	3	Review and refine BHD	
		BHD 2	2	BHD 1		BHD 4	4a, b, c	BHD 4	4a, b, c
		BHD 3	3	BHD 2	2	BHD 5	5	BHD 5	
		Quiz on tennis court markings	BHD 4	BHD 3	3a, b			BHD 6	6
				BHD 4a, b, c				BHD 7	7
				Exit slip on FHD cues	Exit slip on BHD cues				
Introduce game of tennis 1									
Tennis court markings 1a									

From J.L. Lund and M.F. Kirk, *Performance-Based Assessment for Middle and High School Physical Education*, 3rd ed. (Champaign, IL: Human Kinetics, 2020).

Week 2							
Day 6		Day 7		Day 8		Day 9	Day 10
Learning activity	Assessment	Learning activity	Assessment	Learning activity	Assessment	Checkpoint assessment	Checkpoint assessment
Introduce the serve		Review the serve		Review and refine serve		Teacher evaluates student performance on FHD	Teacher evaluates student performance on BHD
Serve/ receive (S/R) 1	1a, b	S/R 1	1a	S/R 7	7a, b, c	FHD 5 and 6	
S/R 2	2	S/R 2	2	S/R 9	9	Use FHD skill checklist	Use BHD skill checklist
S/R 3	3	S/R 4	4a, b	S/R 10	10		
S/R 4	4a	S/R 6	6	Introduce placing the ball (FHD)		Students submit records of performance and self-evaluation on the FHD	Students submit records of performance and self-evaluation on the BHD
S/R 5	5	S/R 7	7a	FHD 8	8a, b		
Review and refine FHD and BHD		Review and refine FHD and BHD		FHD 9	9a, b	Review serving and receiving	Review and refine serving and receiving
FHD 6	6	FHD 5	5	Review moving to hit the ball (BHD)		S/R 7 7a, b, c	S/R 7 7
FHD 7	7	FHD 6	6	BHD 5	5	S/R 10 10	S/R 10 10
BHD 5	5	FHD 7	7	BHD 6	6		
BHD 6	6	BHD 6	6		7		
		BHD 7	7				

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Table 9.7 (continued)

Week 3									
Day 11		Day 12			Day 13			Day 14	
Learning activity	Assessment	Learning activity	Assessment	Learning activity	Assessment	Learning activity	Assessment	Learning activity	Assessment
Introduce tennis rules (singles)		Placing the serve		Introduce FH and BH volleys		Review placing the ball		Review and extend volley	
Tennis (T) 4	4	S/R 8	8	FHV 1	1	FHD and BHD 8	8a, b	FHV and BHV 9	9
Review placing the ball (FHD)		Modified game		FHV 2	2	FHD and BHD 9	9a, b	Introduce the approach stroke	
FHD 8	8a, b	S/R 11		FHV 3	3	Review FH and BH volleys			
FHD 9	9a, b	Tennis rules (singles) quiz		FHV and BHV 4	4	FHV and BHV 6	6a, b	FHV and BHV 10	10a, b
Introduce placing the ball (BHD)		Introduce tennis doubles rules and rules of etiquette		FHV and BHV 5	5	FHV and BHV 7	7a, b	FHV and BHV 11	11
BHD 8	8a, b	T 4, 5		FHV 6	6a, b	FHV and BHV 8	8	Modified game	
BHD 9	9a, b			BHV 7	7a, b	Review and practice serve		S/R 11	
				Review placing the ball		S/R 8	8		
				FHD and BHD 8a, b, c and 9a, b, c		Tennis rules	5a, b	Quiz on tennis rules	

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Week 4									
Day 16			Day 17			Day 18		Day 19	
Learning activity	Assessment		Learning activity	Assessment		Learning activity	Assessment	Checkpoint assessment	Learning activity
Review and refine serving			FHD and BHD rally			Review approach and volley		Observe and evaluate student performance on serve and receiving	Introduce offensive and defensive lobs.
S/R 10	10		FHD and BHD 12	12a, b		FHV and BHV 12	12	Use skill observation checklist	FHL 1 1
Review and refine placing the ball			Introduce scoring in tennis			FHV and BHV 11	11	Practice approach, volley, and passing shots	BHL 1 1
FHD 8 and BHD 8	8a, b, c		T 2	2a		Hitting passing shots		FHV 12 and BHV 12	FHL and BHL 2 2
FHD 9 and BHD 9	9a, b, c		Play games using various scoring systems			FHV and BHV 13	13	FHV 11 and BHV 11	FHL and BHL 3 3a, b
FHD 10 and BHD 10	10a, b		Practice serving			Play games with tiebreaker scoring		FHV 11 and BHV 13	FHL and BHL 4 4a, b
FHD 11 and BHD 11	11a, b		S/R 8	8				Assignment T6 due	Playing the game of tennis
Review and refine approach and volley			S/R 10	10		Quiz on tennis scoring systems		Assignment 6 due	Assignment 1
FHV and BHV 9	9								
FHV and BHV 11	11		Assignment: T 6						

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Table 9.7 (continued)

Week 5													
Day 21			Day 22			Day 23			Day 24			Day 25	
Learning activity	Assessment		Learning activity	Assessment		Learning activity	Assessment		Learning activity	Assessment		Learning activity	Assessment
Practice FHV and BHV			Practice skills as needed			Playing the game of tennis			Playing the game of tennis			Playing the game of tennis	
FHV and BHV 12	12					Field trip to indoor tennis club	2a, b		Doubles partners practice skills as needed	3a		Doubles partners practice skills as needed	
FHV and BHV 11	11		Checkpoint assessment: Record results on the SPQR sheet (number out of 10)						Select tournament committees and assign committee duties				
Review FHL and BHL			Evaluate FHV and BHV using skill observation check sheet									Play set of doubles tennis	
FHL and BHL 3a, b	3		Students submit practice performance record for FHV and BHV						Committees work together to plan doubles and singles class tournament				
FHL and BHL 4a, b	4											Committees work on planning class tournament	
FHL and BHL 5	5		Playing the game of tennis									Assessment 3a, b	
Play a set of tennis doubles			Assignment 1 due									Assessment 2a, b due	

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Week 6													
Day 26			Day 27			Day 28			Day 29			Day 30	
Learning activity	Assessment		Learning activity	Assessment		Learning activity	Assessment		Learning activity	Assessment		Learning activity	Assessment
Committees organize and conduct class tennis tournament			Committee organizes and conducts tennis tournament			Same as day 27			Same as day 27			Same as day 27	
Class doubles and singles tournament begins			Class doubles and singles tournament continues									Class tournament completed	
Assessment 3a, b			Assessment 3a, b									Winners receive awards	
Students not playing take stats			Students not playing take stats									Students submit assessment 3a, b on Monday	
Teacher evaluates students during game play using the game-play rubric			Teacher evaluates students during game play using the game-play rubric										
Assessment 2a, b (playing the game of tennis) due													

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