

Goals for a Tennis Unit

1. Student demonstrates knowledge of and ability to perform the critical performance elements using the following: forehand and backhand skills, ground strokes, volleys, lobs, and the overhand serve. Student also serves properly and effectively. Student works to improve skills through effective practice participation and strategies, applying corrective feedback, analyzing partners' play by giving them feedback, and self-evaluation.
2. Student applies and demonstrates the application and understanding of rules of tennis, especially those applying to scoring, and serving rotation, and the rules of etiquette, fair play, and sportsmanship while participating in class activities and in the class tennis tournament.
3. Student applies and demonstrates the offensive strategies of covering court space, anticipating opponent's shots, and the defensive strategy of hitting to open space or to opponents' weaknesses while playing in the class tennis tournament.
4. Student demonstrates improvement in efficient performance of the forehand and backhand drive, volley, lob, and smash, as well as the overhand serve and appropriate combinations of these skills, over the course of the unit through participation in progressive practice activities.
5. Student successfully applies appropriate offensive and defensive tactics and strategies and demonstrates the following skills—forehand and backhand drive, volley, lob, and overhand serve—while participating in the class singles and doubles tournaments.
6. Student demonstrates participation in the game of tennis outside the school setting to show participation in a physically active lifestyle.
7. Student experiences personal satisfaction and enjoyment while pursuing personal goals during his participation in tennis in both competitive and recreational settings.
8. Student recognizes that playing tennis can provide a positive social environment for activities with others.