

## Dance Cooperative Learning Task Set

### Group A

#### Walking Step (single)

- Start outside the poles.
- On the first downbeat of the poles, step in with the foot closest to the poles.
- On the second downbeat, step in with the other foot.
- Both feet are now in the poles, side by side.
- As the poles come together, step out on the far side with the first foot that stepped into the poles.
- Complete the step by hopping a second time on the first foot, while keeping the second foot off the ground.
- Reverse, starting with the foot nearest the poles.

Rhythm: In, in, out, hop

### Group B

#### Straddle Near Pole

- Ct 1: Jump, landing with the foot closest to the poles inside the poles.
- Weight is balanced on both feet.
- Ct 2: When poles beat down, jump with both feet, so that the foot inside the poles is now out of the poles, while the other foot is now inside the poles.
- Ct 3 and 4: When the poles beat together, jump two times with both feet together on the outside of the poles.

Rhythm: In, in, out, out

### Group C

#### Straddle Step

- Start with both feet inside the poles.
- Ct 1 and 2: When the poles beat down, jump two times, with feet together inside the poles.
- Ct 3 and 4: When the poles beat together, jump two times, feet apart, straddling poles.
- Reverse traveling back to the side on which the dancer started; both feet enter the poles on Ct 1.

Rhythm: Together, together, straddle, straddle

#### Together Step

- Start with both feet outside the poles.
- Ct 1 and 2: When the poles beat down, jump two times, with both feet inside the poles.
- Ct 3 and 4: When the poles beat together, jump two times, with feet together on the outside of the poles on the side opposite where the dancer began.
- Reverse finishing on Cts 3 and 4 on the side of the poles where the dancer began.

Rhythm: In, in, out, out

(continued)

## Group D

### Crossing Step

- Start outside the poles.
- Ct 1: Step in the poles with the foot farthest from the poles, crossing that foot in front of the one closest to the poles.
- Ct 2: Step in the poles with the other foot.
- Both feet are now in the poles, side by side.
- Ct 3: As the poles come together, step out on the far side with the first foot that stepped in the poles first.
- Ct 4: Hop a second time on the first foot, while keeping the second foot off the ground.
- Reverse, starting with the foot farthest from the poles.

Rhythm: In, in, out, hop