

Teacher: Kirk Class: 9th grade Date: _____ Unit: Tennis
 # of students: 24 Class time: 2:00 Day of unit: 6 Content: Punch serve, receiving, moving, BHD

Targeted Standards

1. The student demonstrates competency in motor skills and movement patterns.

Unit Goals

1. The student demonstrates knowledge of and the ability to perform the critical performance elements using the overhand serve, forehand drive stroke, and backhand drive stroke.
2. The student works to improve skills through participation in practice strategies, analyzing, and giving feedback to self and to partner.

Lesson Outcomes

1. The student will, using a punch serve, serve the ball from behind the appropriate baseline area, diagonally across the net into opponent's service court (three of five times to the left and right service court).
2. The student will receive serves, standing behind his own baseline of the appropriate court, hit at a slow speed, from an opponent from behind both service lines, using a forehand and backhand drive as appropriate and returning the ball to the opponent's court (return half of the serves from both the right and left courts).
3. From her own baseline, the student will be able to move to the ball (forward, to the side), away from the ball (reverse pivot), and return the ball with a backhand drive to the opponent's court 7 out of 10 times.

What Students Learned and Practiced in Previous Lessons

Students were introduced to and practiced the forehand and backhand drive strokes with the ball hit directly to them so that they only had to pivot and step to hit the ball. They were also introduced to the learning cues and practiced the punch serve and toss against the fence. Today they will begin to practice moving to the ball to return with a FHD and BHD. They will also begin to perform the punch serve on the court and practice receiving a serve and returning it to the opponent's side of court.

Time line	Content, instruction, and learning activity	Organization/ management	Learning cues/ teaching prompts	Formative assessment
0:00-5:00	Set induction Review and refine the punch serve. Reinforce with demonstration and review of performance cues: <ul style="list-style-type: none"> • Forward-and-back stance. • Racket back between shoulder blades. • Elbow points up. • Lift hand, toss ball up overhead. • Quickly extend arm and racket. • Contact ball at highest point, in front of forward foot. • Follow through. 	Students spread out behind the baseline of three courts. Teacher demonstrates. Students demonstrate and call out cues without a ball.	<ul style="list-style-type: none"> • Stance • Racket back • Elbow up • Toss ball • Extend arm • Contact ball high • Shift weight • Follow through 	Teacher observes and checks for understanding. Teacher asks students to repeat cues while performing the serve without a ball and observes performance.
5:01-20:00	Serving activity 7: Serve from baseline to opponent's court. From behind baseline, stand in appropriate area with correct stance. Serve diagonally to each of the opponent's courts. Repeat 5 times on each side; 7 out of 10 land in service court area.	Four students per court: two serving and two retrieving and returning balls to server.	<ul style="list-style-type: none"> • Stance • Racket back • Elbow up • Toss ball • Extend arm • Contact ball high • Shift weight • Follow through 	7a: Peer observation: Give feedback to server on performance cues. 7c: Student records the number of good serves to each court on the SPFR form.

Time line	Content, instruction, and learning activity	Organization/ management	Learning cues/ teaching prompts	Formative assessment
20:01-25:00	Serving activity 9: Receive the serve. Teacher provides tips on how to receive the serve to the forehand and backhand sides, then demonstrates on the court multiple times. Performance criteria: <ul style="list-style-type: none"> • Ready position, racket in middle. • Stand in middle and well behind the service court line. • Watch the server and the ball. Anticipate! • Move quickly into forehand or backhand position behind and before the ball hits the court. • Get the racket back quickly. • Return ball to opponent's court and return to home position, ready for the next hit. 	<p>Students spread out behind sideline on court for demonstration.</p> <p>Students in lines model receiving in response to the instructor serving at them.</p>	<p>Stand behind baseline in middle to be ready to pivot to either FH or BH side as needed.</p> <ul style="list-style-type: none"> • Ready stance • Watch • Move quickly behind ball • Racket back • Swing through ball • Follow through • Ready position 	<p>Teacher checks for understanding by asking the students to repeat the receiving tips and cues.</p>
25:01-40:00	Serve and return practice 9. In groups of four, servers on one side alternate between serving to right and left courts. One receiver behind each service court returns serve to server 10 times to each court. Rotate positions.	<p>Four students per court (two per side). One side is servers; the other side is receivers. Servers alternate turns at serving.</p>	<ul style="list-style-type: none"> • Ready stance • Watch • Move quickly behind ball • Racket back • Swing through ball • Follow through • Ready position 	<p>Using the SPPR, students record number of successful serves and aces. When receiving, students record number of successful service returns.</p>
40:01-45:00	Review and practice backhand drive. Teacher models and leads students through the performance of the backhand drive without ball. Students yell out the performance cues while performing: <ul style="list-style-type: none"> • Ready position • Pivot, step • Step across and forward toward ball • Racket across and back • Shift weight forward • Swing, lead with racket head • Swing through the ball • Follow through • Back to home and ready position 	<p>Students spread out behind baseline of three courts. Teacher demonstrates. Students demonstrate and call out cues without a ball.</p>	<ul style="list-style-type: none"> • Ready • Pivot • Step • Racket across and back • Shift • Swing through the ball • Follow through • Home 	<p>Teacher observes and checks for understanding by asking students to repeat cues while performing the serve without a ball.</p>

(continued)

Time line	Content, instruction, and learning activity	Organization/ management	Learning cues/ teaching prompts	Formative assessment
45:01-60:00	Backhand activity 5. Partner toss, backhand drive, move to ball. Performer at baseline tosses ball to right and left of center so that performer must shuffle or cross over to hit ball 8 of 10 times. Complete two times, then increase speed of ball and complete two times. Same criteria.	Four students per court: two tossers and two hitters. One set on each half of court.	Watch opponent's hand and ball to begin to move in the right direction. Get behind where the ball will bounce. Remember to lead with the racket head and extend arm when swinging through the ball.	Each student records number of successful hits on practice record form.
60:01-70:00	Backhand activity 6. Performer toss, hit, backhand drive, move. Forward and backward. Tosser tosses ball over net to backhand side so that performer must shuffle back to behind the baseline to hit the ball 7 of 10 times. Repeat two times. Repeat with tosser tossing the ball so that the performer has to move forward to hit the backhand drive 7 of 10 times. Repeat two times.	Same as previous.	Move quickly to get behind where the ball will land. Get the racket back before ball lands.	Each student records number of successful hits on practice record form.
70:01-75:00	Closure. Review, and check for understanding. Ask students to repeat the learning cues for the punch serve, receiving the serve, BHD, and strategies for returning serves.			Ask students to demonstrate, without the ball, performance cues for these skills: punch serve, receiving a serve, and moving to hit a backhand drive.

Lesson Reflection

Students did well on the service drills today. Many are ready to move from the punch serve to the full overhand serve. Many students had some difficulty with moving to the side and forward to hit the backhand drive. The biggest problem seems to be getting the racket back quickly so that they can perform a full swing. I will review and practice the backhand and moving to the side to hit the ball at the beginning of the next class. Also, during the next class I will introduce the full overhand serve, and students will continue to practice receiving the serve.

Jimmy, Karen, Jerome, and Keesha either need to be moved into different groups or need to be on the middle court so that I can frequently be near them. They were off task many times when I looked their way today.