

**Table 9.3** Rubric for Project Culminating Assessment

| Performance level    | Performance criteria  |  |   |
|----------------------|---|--|---|
|                      | Group effort  | Video content  | Video quality   |
| Proficient: 4        | Everyone in the group had an assignment in producing the video.<br>All group members completed their assignments.<br>Group members worked well together. They were positive, shared constructive feedback, and helped each other when needed. | The video is instructional and addresses all of the unit's essential questions.<br>Skill and rules demonstrations are appropriate, accurate, and easily digested.<br>The script text is appropriate and accurate.                | Video length is appropriate.<br>The video recording is of good quality.<br>Video is edited to eliminate unnecessary footage.<br>All transitions are smooth.<br>Sound editing is of high quality.              |
| Competent: 3         | Everyone in the group had an assignment in producing the video.<br>All group members completed their assignments.<br>Group members worked well together. They were positive, shared constructive feedback, and helped each other when needed. | The video is instructional and addresses all or most of the unit's essential questions.<br>Skill and rules demonstrations are mostly appropriate, accurate, and easily digested.<br>The script text is appropriate and accurate. | Video length is appropriate.<br>The video recording is of good quality.<br>Some unnecessary footage was not eliminated.<br>Most transitions are smooth.<br>Sound editing is good.                             |
| Novice: 2            | Everyone in the group had an assignment in producing the video.<br>Most group members completed their assignments.<br>Group members worked separately rather than collaboratively.  | The video is instructional and addresses some of the unit's essential questions.<br>Skill and rules demonstrations are sometimes not appropriate, accurate, and easily understood by the audience.                               | Video is too long or too short.<br>The video recording is not always of good quality.<br>Some unnecessary footage was not eliminated.<br>Some transitions are not smooth.<br>Sound editing is good.           |
| Needs improvement: 1 | Everyone in the group had an assignment in producing the video.<br>More than one group member did not complete his or her assignment.<br>Group members did not work well together.  | The video is somewhat instructional. Many of the unit's essential questions are not addressed.<br>Skill and rules demonstrations are not appropriate or accurate.  | Video is too long or too short.<br>The video recording is not always of good quality.<br>Much unnecessary footage was not eliminated.<br>Most transitions are not smooth.<br>Sound editing needs improvement. |

From J.L. Lund and M.F. Kirk, *Performance-Based Assessment for Middle and High School Physical Education*, 3rd ed. (Champaign, IL: Human Kinetics, 2020).