

**POWER STANDARD 1: I Can Move Correctly****SKILL SCAFFOLDING**

Name: \_\_\_\_\_

Write the biomechanical principle that goes with each critical step.

Throw right, step left	Stepping power	Twisting power	Eye on the object	Connecting the dots

From G. Bert and L. Summers, 2013, *Meeting physical education standards through meaningful assessment* (Champaign, IL: Human Kinetics).