

**POWER STANDARD 5: I Value Physical Education, Fitness, and Health**Name: **Answer Key** \_\_\_\_\_

How do you move without the ball?

1. *Just move*
2. *Play offense*
3. *Play defense*
4. *Take steps to ball*
5. *V-cut, L-cut*
6. *Be hard to guard*
7. *Curl cut*