

Name: **Answer Key**

Throw right, step left	Stepping power	Twisting power	Eye on the object	Connecting the dots
<i>Opposition</i>	<i>Weight transfer</i>	<i>Torque</i>	<i>Tracking</i>	<i>Follow-through</i>

From G. Bert and L. Summers, 2013, *Meeting physical education standards through meaningful assessment* (Champaign, IL: Human Kinetics).