

POWER STANDARD 5: I Value Physical Education, Fitness, and Health

Name: _____

What can you do with the ball?	What can you say?	What can you do without the ball?	List two SOTG traits.	What is active participation?
1.	1.	1.	1.	1.
2.	2.	2.	2.	2.

From G. Bert and L. Summers, 2013, *Meeting physical education standards through meaningful assessment* (Champaign, IL: Human Kinetics).