

POWER STANDARD 5: I Can Play Fairly**SELF-REFLECTION**

Name: _____

_____ Power standard 5: Student exhibits responsible personal and social behavior that respects self and others in physical activity settings.

Please explain how you meet or exceed this standard. In your answer you should include how you demonstrate and apply spirit of the game (SOTG) and other respectful behaviors needed in sport and games. Please provide general and specific examples of how you meet or exceed this standard. You are proving to the reader that you have the knowledge, skills, and values to meet or exceed this standard.