

LESSON 6: OFFICIATING AND TOURNAMENT PRACTICE

Grade-Level Outcomes

Primary Outcomes

Throwing: Executes consistently (70% of the time) a mature pattern for target games such as bowling, bocce or horseshoes. (S1.M18.7)

Rules & etiquette: Demonstrates knowledge of rules and etiquette by self-officiating modified physical activities and games or following parameters to create or modify a dance. (S4.M6.7)

Embedded Outcome

Social interaction: Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk and providing support to classmates. (S5.M6.7)

Lesson Objectives

The learner will:

- demonstrate a mature throwing pattern for the backhand and forehand throws a minimum of four out of every five throws.
- self-officiate personal and team play during the scramble tournament, requiring no more than one teacher reminder.

Equipment and Materials

- Dome cones: enough to create a grid with 9 extra-large stations
- Hoops: 18
- Flying discs: 1 for every student
- 12-inch (30 cm) cones (or larger): 9
- Team scorecards: 9
- Pencils: 9

Introduction

After you complete your warm-up routines, it will be time to begin our scramble disc golf tournament. Remember, a scramble is a team competition. All players on a team take turns throwing from the tee area. After all throws are made, the team will decide which throw gives them the best advantage for the next shot. All players will then take turns throwing from the spot—or lie—of the best shot. The better of the second shots is then determined, and so on until the target is hit.

Today, we'll focus on two aspects of successful tournament play: accurate throws and self-officiating. To perform at your personal best, continue to concentrate on mature throwing patterns. Self-officiating means that you'll follow the rules and etiquette of the tournament without teacher reminders. Professional golfers rarely need reminders of rules and how to conduct themselves. Let's work hard to play like professionals today.

Instructional Task: Student-Designed Warm-up Routines

■ PRACTICE TASK

As students enter the activity area, they select a warm-up routine designed by another group and begin completing the routines in preparation for tournament play.

Refinement

Make sure students are using the warm-up properly.

Student Choices/Differentiation

- Groups can view and select preferred warm-up routines, or you can assign routines to each group.
- If students have difficulty staying on task, select a single routine from those created and perform it as a group.

What to Look For

Assess for proper form and technique in addition to accurate performance of exercise routines.

Instructional Task: Self-Officiating in Disc Golf

■ PRACTICE TASK

Discuss with students common self-officiating circumstances.

Extension

Watch video clips that show disc golfers doing different golf etiquette or self-officiating practices. This can be done by pausing the video and asking students what the golfer should do next or what the score should be.

Student Choices/Differentiation

- Have examples prepared beforehand to show lower-skilled students.
- Have a range of etiquette and self-officiating video clips.

What to Look For

- Students are engaged in active discussion.
- Students are applying rules and etiquette correctly during group activity.

Instructional Task: Scramble Tournament

■ PRACTICE TASK

Groups set up the holes that they designed in the last class.

Refinements

- Make sure the course has different levels of difficulty (especially to align to objectives). For example, having narrow fairways forces students to throw straight with different challenges of throwing forehand or backhand.
- Begin the scramble tournament. Here are the guidelines for play:
 - After completing a hole, rotate clockwise and wait patiently for the group ahead of you to finish.
 - The member of your team who hit the target on the last hole has honors and tees off first.
 - Record your score for each hole on the scorecard.
 - Scorecards also include skill-cue reminders and etiquette bonus criteria.
- Make sure students are properly applying rules and etiquette in the game.

Extensions

- Provide more repetitions and focused practice by requiring students to use all backhand throws on all even holes, and all forehand throws on all odd holes.
- Increase the focus on throw accuracy by creating long and narrow station areas for each hole.

EMBEDDED OUTCOME: S5.M6.7. Encourage students to maintain positive social interaction by helping and encouraging others, avoiding trash talk and providing support to classmates. One way to do this is to award sportsmanship or spirit points to teams displaying positive behaviors. Teams can then subtract their spirit points from their total team scores.

DISC GOLF ETIQUETTE SCORECARDS

Carry this scorecard with you during the disc golf practice task. Your team's goal is to make it through the activity with few or no etiquette marks. The teacher or referee will record an etiquette mark if a rule is broken or proper etiquette is not followed.

- ☐ Etiquette mark 1
 - ☐ Etiquette mark 2
 - ☐ Etiquette mark 3
 - ☐ Etiquette mark 4
 - ☐ Etiquette mark 5
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From R.J. Doan, L.C. MacDonald, and S. Chepko, eds., 2017, *Lesson planning for middle school physical education* (Reston, VA: SHAPE America; Champaign, IL: Human Kinetics).

Student Choices/Differentiation

Students may choose to either use scorecards to track the number of throws in addition to etiquette bonus points, or provide a scorecard to record etiquette items only.

What to Look For

- While students are engaged in the scramble tournament format, there are several options for assessment.
- Teacher observation, rubrics, or checklist-based skill assessment can be done to analyze the forehand and backhand throws. (Cues provided in Lesson 1.)

Formal and Informal Assessments

- Teacher observation with feedback
- Rubric or checklist-based skill assessment
- Video analysis
- Exit slip: Write down any officiating or etiquette issues that you came across in today's lesson. If you did not have any, please write down a couple of rules that you made sure to follow today.

Closure

- What was the most memorable thing that happened during tournament play today? What made that event memorable?
- How is etiquette related to enjoyment? Can you elaborate?
- Did you enjoy the scramble tournament format? What are pros and cons to this type of format?

Reflection

- Did students self-officiate their play?
- What were two common challenges to self-officiating?
- What steps could be taken to help students do a better job of self-officiating?
- What safety cues need to be emphasized during the next round of tournament play?

Homework

Create a golf game at home using soft items that you can throw without breaking anything (use clean socks, foam balls, or beanbags). Select non-breakable items as targets (chairs, the bottom step, a closet door). Find someone to play with and then play from room to room, practicing the golf etiquette and scoring that you learned in class. Keep score on an index card or piece of paper, with bonus points for good sportsmanship and etiquette.

Resources

Internet keyword search: "golf etiquette," "spirit of the game," "scramble golf format"