

LESSON 16: DOUBLES TOURNAMENT AND SINGLES MATCHES

Grade-Level Outcomes

Primary Outcomes

Lifetime activities: Demonstrates competency and/or refines activity-specific movement skills in 2 or more lifetime activities (outdoor pursuits, individual-performance activities, aquatics, net/wall games or target games). (S1.H1.L1)

Working with others: Assumes a leadership role (e.g., task or group leader, referee, coach) in a physical activity setting. (S4.H3.L2)

Embedded Outcome

Safety: Applies best practices for participating safely in physical activity, exercise and dance (e.g., injury prevention, proper alignment, hydration, use of equipment, implementation of rules, sun protection). (S4.H5.L1)

Lesson Objectives

The learner will:

- use the following skills effectively in doubles play: volley, lob, overhead, and communication.
- employ skills and strategies in singles matches.
- officiate a singles match.

Equipment and Materials

- Tennis rackets: 1 per student
- Tennis balls (various densities): at least 3 per student pair
- Rubric for forehand, backhand, serve, and tactics: 1 each per student

Introduction

What did you find out about the player rating system in tennis? What ratings do beginners usually have? Professionals? If you continue to play tennis, you will eventually want to be rated so that you can find other players at your level or join a league. Today is the last day of the Tennis Module, so we will finish our doubles round-robin tournament, and I'll conclude my evaluations of your skills and game play. Then you'll play singles matches and try to officiate a match. Tennis is a game where you usually officiate your own matches and you are on your honor to make the right call. However, officiating is a good test of your ability to implement the rules and show confidence in your knowledge of the game.

Instructional Task: Doubles Round-Robin Tournament

■ PRACTICE TASK

Finish the doubles round-robin tournament from the previous class.

Complete your assessment of skills and game play during match play.

Student Choices/Differentiation

- Students may choose a lower-density ball if having difficulty.
- Students may choose to use the punch serve or full-swing serve.

What to Look For

- Students are consistently using appropriate form during play.
- Students are using proper etiquette.
- Students are communicating and cooperating well with their partners.

Instructional Task: Singles Matches

■ PRACTICE TASK

Students play singles in groups of three. While two students play, the third student officiates the match. They play three games, rotating the third player.

EMBEDDED OUTCOME: S4.H5.L1. By officiating games, students demonstrate their ability to implement rules and scoring correctly.

Student Choices/Differentiation

- Students choose their groups.
- Students choose their tennis balls.

What to Look For

- Students are effectively using offensive shots to move the opponent.
 - Students are returning to ready position.
 - Students are able to apply the rules to officiate during a match.
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Formal and Informal Assessments

Skills and game-play assessment

Closure

- What were some good examples of etiquette you observed today?
- How well were you able to perform the skills you have learned during game play?
- What skills are you still struggling with?
- How confident did you feel while you were officiating? Were there any calls you were unsure of?
- Tennis is a lifelong sport, so keep practicing your new skills at home. If you are interested in finding opportunities to play, check out www.USTA.com.
- It's time to think about your next module, so please review your choices before the next class.

Reflection

- Were students maintaining proper skill technique during play?
- Were students showing a good command of scoring and the rules while officiating?
- What may I do the next time we offer tennis to improve the module?

Homework

Go to the school's physical education website and review the next set of module offerings. Be ready for your new selection in the next class.

Resources

United States Tennis Association: www.USTA.com

Professional Tennis Registry: www.ptrtennis.org/secured/tools/rr/schedules.pdf

Internet search terms: "tennis officiating," "tennis tournaments"