

## LESSON 13: USING YOUR DRIVER

### Grade-Level Outcomes

#### Primary Outcomes

**Lifetime activities:** Demonstrates competency and/or refines activity-specific movement skills in 2 or more lifetime activities (outdoor pursuits, individual-performance activities, aquatics, net/wall games or target games). (S1.H1.L1)

**Movement concepts, principles & knowledge:** Applies the terminology associated with exercise and participation in selected individual-performance activities, dance, net/wall games, target games, aquatics and/or outdoor pursuits appropriately. (S2.H1.L1)

#### Embedded Outcomes

**Movement concepts, principles & knowledge:** Uses movement concepts and principles (e.g., force, motion, rotation) to analyze and improve performance of self and/or others in a selected skill. (S2.H2.L1)

**Movement concepts, principles & knowledge:** Describes the speed vs. accuracy trade-off in throwing and striking skills. (S2.H2.L2)

### Lesson Objectives

The learner will:

- demonstrate the full swing using a driver.
- hit the ball to the approximate location of the desired target.
- identify hole layouts by the appropriate terminology.

### Equipment and Materials

- Variety of woods (focus is on the driver)
- Driving range or field
- Range balls or modified balls
- Tees
- Starter bag of clubs for each set of partners

### Introduction

*So what did you learn about using golf gloves? How about tees? When may you use a tee on a golf course? Why do you want to? Tees are important for hitting with a driver, which is what you are going to work on today. The driver is the longest club in the bag and has the lowest loft. You will need to make a few modifications to your full iron swing, but basically, you will use the same swing with your driver.*

## Instructional Task: Review All Checkpoints

### ■ PRACTICE TASK

Review and demonstrate all the checkpoints for making a proper swing, with a few differences in the driver swing:

- Ball position is forward near the front toe.
- The ball is on a tee, at a height that allows about half of it to show above the club head.
- The swing is more of a sweeping motion.

Students practice the full swing in pairs, taking 10 hits. Partner retrieves the balls and the switches roles.

## Refinement

Have students focus on smooth rhythm and a sweeping motion.

## Extensions

- Repeat, using a smaller target area.
- Repeat, using a different wood.

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**EMBEDDED OUTCOME: S2.H2.L1: S2.H2.L2.** Discuss the advantages and disadvantages of using the driver.

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## Guiding questions for students:

- What are the advantages of using the driver? (Answer: longer lever, bigger club face leads to more power and distance)
- What are the disadvantages? (Answers: less control, more likely to fade or draw)
- This is called the speed vs. accuracy trade-off. Greater club head speed leads to more power, but unless you're really skilled, your shots probably will be less accurate than with other clubs. In what other physical activities might that be true?

## Student Choices/Differentiation

- Students may use modified clubs.
- Students may use modified balls.

## What to Look For

- Students are reviewing the checkpoints (alignment, grip, setup, backswing, and forward swing).
- Ball is forward and near the front toe in the stance.
- Students are demonstrating the sweeping motion.

## Instructional Task: Shot Sequence

### ■ PRACTICE TASK

On a field, set up a simulated tee box, fairway, and putting green or target. One student in each pair carries a starter bag with four clubs (wood, middle iron, wedge, and putter), acting as a caddy. The other student hits a wood from a tee, walks up to the ball and hits an iron, then takes a pitch or chip, and finally, a putt. If a student hits the ball out of play, he or she takes a drop. Use modified balls. Students score themselves. Switch roles.

## Extension

Repeat, scoring the number of hits to the target.

## Refinement

Have partners track slices and hooks, draws or fades, on irons and woods. At the end of the sequence, partners provide the information to the hitters to allow for correction next time.

## What to Look For

- Students are setting up correctly for each shot.
- Students are adjusting their swings for the remaining distances.
- Students are executing the critical elements of the swing properly.

## Instructional Task: Rules and Terminology

### ■ PRACTICE TASK

Discuss the different tee box locations and rules and dimensions for teeing the ball up for the first hit. Describe the different types of drivers (degrees of loft, design of club for hook and slice). Explain the terms *dogleg*, *loose impediment*, *obstruction*, and *provisional ball*.

### Extension

Show video clips or a course diagram to have students identify doglegs and potential strategies for negotiating them.

### Student Choices/Differentiation

- Use photos or videos of a tee box to illustrate.
- Show examples of different types of drivers.

### What to Look For

- Students are engaged in the discussion.
- Students are making a connection between the club distance and strategy for dogleg holes.

## Formal and Informal Assessments

Peer data on hooks, slices, fades, and draws

### Closure

- What are some important things to remember when using your driver? (Answer: Start your back-swing in a sweeping motion instead of picking the club straight up; contact with the ball should be right at the beginning of club upswing; and so on).
- Next class, I'll assess your driving form and accuracy, and then you'll start working on special situations, such as hitting out of bunkers.

### Reflection

- Were students able to maintain a fair amount of control with the driver?
- Were they comfortable hitting off the tee?
- Were they using the same swing as when they hit the irons?

### Homework

Since you'll be working on hitting out of bunkers next class, review the video clips of successful (and unsuccessful) shots on the school's physical education website.

### Resources

Heuler, O. (1995). *Perfecting your golf swing: New ways to lower your score*. New York: Serling.

Golf: [www.golf.com](http://www.golf.com)

World Golf: [www.worldgolf.com](http://www.worldgolf.com)

Golf Info Guide: [www.golf-info-guide.com](http://www.golf-info-guide.com)

Internet keyword search: "dogleg," "tee box etiquette," "tee box markers," "provisional ball"