Introduction to Hatha Yoga (1 video): <https://bcove.video/3GQc81i>

Chapter 4 (4 videos): <https://players.brightcove.net/901973548001/a62965ed-fa9c-4120-bd62-31ea788f51d8_default/index.html?playlistId=4527408463001>

Chapter 7 (19 videos): <https://players.brightcove.net/901973548001/a62965ed-fa9c-4120-bd62-31ea788f51d8_default/index.html?playlistId=4527408464001>

Chapter 8 (20 videos): <https://players.brightcove.net/901973548001/a62965ed-fa9c-4120-bd62-31ea788f51d8_default/index.html?playlistId=4527408467001>

Chapter 9 (17 videos): <https://players.brightcove.net/901973548001/a62965ed-fa9c-4120-bd62-31ea788f51d8_default/index.html?playlistId=4527408468001>

Chapter 10 (6 videos): <https://players.brightcove.net/901973548001/a62965ed-fa9c-4120-bd62-31ea788f51d8_default/index.html?playlistId=4527408469001>

Chapter 11 (6 videos): <https://players.brightcove.net/901973548001/a62965ed-fa9c-4120-bd62-31ea788f51d8_default/index.html?playlistId=4527408470001>

Belly to Universe Relaxation (1 video): <https://players.brightcove.net/901973548001/SJ8AhqjK_default/index.html?videoId=4526751070001>