



ASSISTANT RECORDING SHEET

Name of player: _____ Event date: _____

Name of record keeper: _____ Event description: _____

Time (min:sec)	Start/stop of player's action	Event*	Description**

*Event: Note here all time-outs, breaks, interruptions (whistle blown) in the events, and recommencements of the event.
** Description: Add any additional notes about the event, particularly things that involved the player you are monitoring.
From D. Swaim, 2013, *Heart education* (Champaign, IL: Human Kinetics).