

# Appendix B

## Example of Inpatient Rehabilitation Services Record

Patient information
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Date:	Diagnosis:
C.R.	Remarks: (day # )
	Exercise: monitored/unmonitored; O <sub>2</sub> Sat:
	Response:   HR           BP           SS           Assistance
	Rest:
	Ex period 1:
	Ex period 2:
	Ex period 3:
	Comments:
	Education:
	Instructions:
	Plan:

From *Guidelines for Cardiac Rehabilitation and Secondary Prevention Programs, Fifth Edition*, by American Association of Cardiovascular and Pulmonary Rehabilitation, 2013, Human Kinetics, Champaign, IL.