

# Record Keeping in Sports Medicine

## Writing in a chart

ABC's

Accuracy

Brevity

Clarity

Punctuation

No hyphens

Semicolon "states"

Colon "is"

Corrections

Line through with initials and dates

No white out

Signatures; no blank lines

## Writing and reading SOAP notes

Statement of the problem: problem list

**Subjective:** What the patient says

Injury

History

Social

Other

**Objective:** What is measurable

Visual

Clinical

**Assessment:** Diagnosis, prognosis, and impairments; activity and participation restrictions; personal and environmental factors

**Plan of care:** Expected outcomes and goals (ABCD); interventions and release