

Treatment Steps for Sudden Cardiac Death Emergency

1. Check the scene and the victim.
2. Call emergency medical services.
3. Call for the automated external defibrillator to be delivered to you.
4. Check for breathing.
5. Check for severe bleeding.
6. Care for the victim.
7. Provide CPR.

Hand position:	2 hands center of chest, lower half of breastbone
Compression depth:	At least 2 inches
Breathing:	Look for chest rise; deliver breaths over 1 second
Compressions to breaths:	30 to 2
Compression rate:	100 per minute