

Preparticipation Physical Examination Procedures

Personnel for Preparticipation Physical Stations

Station	Personnel
Registration	Student assistant, coach, volunteer
Height, weight, and skinfold measurements	AT, student assistant
Blood pressure, pulse rate, respiration rate, and body temperature	AT, student assistant
Vision	AT, student assistant
Joint range-of-motion and stability	AT
Fitness testing	AT, strength and conditioning coach
Posture	AT
Ear, nose, and throat	Physician
Heart, lungs, and abdomen	Physician
Checkout with team physician in charge	Physician
Postregistration	Student assistant, coach, volunteer

The athletes could progress through the stations as follows:

1. Registration
2. Height, weight, and skinfold measurements
3. Blood pressure, pulse rate, respiration rate, and body temperature
4. Vision
5. Joint range-of-motion and stability
6. Fitness testing
7. Posture
8. Ear, nose, and throat
9. Heart, lungs, and abdomen
10. Neurological testing
11. Checkout with team physician in charge
12. Postregistration

Decision regarding playing:

- ☐ Cleared
- ☐ Not cleared
- ☐ Further assessment