



Checklist for On-Site Examination of the Wrist and Hand

Primary Survey

- ☐ Consciousness
- ☐ Airway, breathing, and circulation
- ☐ Severe bleeding
- ☐ Unusual positioning of the limb
- ☐ Signs and symptoms of shock

Secondary Survey

History

- ☐ Mechanism of injury
- ☐ Location and severity of pain
- ☐ Unusual sensations heard or felt
- ☐ Information from bystanders

Observation

- ☐ Deformity, swelling, discoloration, pallor

Palpation

- ☐ Bony tenderness, crepitus, and deformity along the distal radius and ulna, radiocarpal joint, carpal bones, and carpometacarpal joints

- ☐ Metacarpals, metacarpophalangeal joints, phalanges, proximal and distal interphalangeal joints

Neurovascular Examination

- ☐ Sensory (radial (C6), median (C7), ulnar (C8))
- ☐ Motor (radial, median, ulnar)
- ☐ Radial pulse or nail bed check

Gentle, active range of motion

- ☐ Finger extension and flexion
- ☐ Wrist flexion, extension, and radial and ulnar deviation

If all tests are negative, remove from field for continued examination.