



General Checklist for Clinical Examination

Goals

- Determine severity of injury
- Determine irritability of injury
- Determine nature of injury
- Determine stage of injury

Subjective Segment

- ☐ History
 - ☐ Current: acute
 - ☐ Current: chronic
 - ☐ Past

Objective Segment

- ☐ Observation
 - ☐ Skin color
 - ☐ Swelling, deformity, ecchymosis
 - ☐ Posture and gait
- ☐ Differential diagnosis tests

- ☐ ROM
 - ☐ Active
 - ☐ Passive
- ☐ Strength tests
 - ☐ General isometric manual muscle tests
 - ☐ Specific manual muscle tests
 - ☐ Instrumented assessment
- ☐ Neurological tests (as appropriate)
 - ☐ Sensory
 - ☐ Motor
 - ☐ Reflex
- ☐ Circulatory tests (as appropriate)
 - ☐ Pallor
 - ☐ Distal pulse
- ☐ Special tests
- ☐ Joint mobility tests
- ☐ Palpation
- ☐ Functional tests