

# Get 3 At School Group Tracking Chart

School \_\_\_\_\_ Grade \_\_\_\_\_

Teacher \_\_\_\_\_

Group name \_\_\_\_\_

Group members	Servings (day 1)	Servings (day 2)	Servings (day 3)	Servings (day 4)

From L.W.Y. Cheung, H. Dart, S. Kalin, B. Otis, and S.L. Gortmaker, 2016, *Eat Well & Keep Moving*, 3rd ed. (Champaign, IL: Human Kinetics).