

# My Favorite Prime-Time Shows

Name \_\_\_\_\_

## Directions

Write the names of three of your favorite television shows (in order from most to least favorite) on the lines following each day of the week.

### Monday

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Tuesday

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Wednesday

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Thursday

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Friday

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

From L.W.Y. Cheung, H. Dart, S. Kalin, B. Otis, and S.L. Gortmaker, 2016, *Eat Well & Keep Moving*, 3rd ed. (Champaign, IL: Human Kinetics).