

# Prime-Time Smartness Challenge Materials

## Hello Again!

Did you follow the instructions? Great! Now you will begin the real test. Are you ready to follow the steps? Good luck! See you in the winner's circle!

### Step 1

List the names of the shows (one each day) that you agree to give up to become smarter. Look at My Favorite Prime-Time Shows if you don't remember which ones you chose.

### Step 2

Here comes the real secret. Are you ready? Turn the page to The Star Page. On that page there is a passage for you to read. Please look it over, and then go on to step 3.

### Step 3

Now that you have seen The Star Page, here's what you do. . . . Each day, instead of watching one of your favorite television programs, you agree to read The Star Page three times and then do some other activity—but not one that involves screen time for fun, including spending time online, text messaging, or playing computer games. You must read each word of The Star Page. If you skip a word, start over. Remember, read this page instead of watching one of your favorite shows.

### Step 4

Keep track of your success on the Prime-Time Smartness Challenge page. Return it and The Questions Page to your teacher after the week is over. Is giving up 30 minutes of television too much to ask to get smarter?