

## Pizza Primavera

MILK, GRAINS, VEGETABLE

MAIN DISHES

Ingredients	50 servings		100 servings		For ____ servings	Directions
	Weight	Measure	Weight	Measure		
Tomato paste, canned	1 3/4 lb. (875g)		3 1/2 lb. (1.8 kg)			<ol style="list-style-type: none"><li>1. Combine tomato paste, spices, sugar, and water. Simmer for 15 min.</li><li>2. Split bagels in half; lay on sheet pans in single layer.</li><li>3. Shred cheese.</li><li>4. Top each bagel with 1 1/2 tbsp. (23 ml) sauce, 1/8 cup broccoli, and 1 oz. (30g) cheese.</li><li>5. Bake for approximately 8-10 min. at 400 °F (204 °C).</li><li>6. CCP: Hold at 140 °F (60 °C) or higher.</li></ol>
Onions, dehydrated, flaked		2/3 cup		1 1/3 cups		
Garlic powder		1/4 cup		1/2 cup		
Basil, dried, ground		3 tbsp.		6 tbsp.		
Oregano, dried, ground		2 tbsp.		4 tbsp.		
Sugar		1/2 cup (100g)		1 cup (200g)		
Water		1 3/4 qt. (1.8 L)		3 1/2 qt. (3.5 L)		
English muffins, whole wheat		50 each		100 each		
Mozzarella cheese, part skim (nonfat)	6 1/4 lb. (3.1 kg)		12 1/2 lb. (6.3 kg)			
Fresh broccoli florets, chopped	2 1/2 lb. (1.3 kg)		5 lb. (2.5 kg)			
Serving: 2 muffin halves provides 2 bread servings, 2 oz. (60 ml) dairy, and 1/4 serving vegetables			Yield: 50 servings: about 20 lb. (10 kg) 100 servings: about 40 lb. (20 kg)			

### NUTRIENTS PER SERVING

Calories	377	Saturated fat	6.2g	Iron	2.8 mg
Protein	24g	Cholesterol	32 mg	Calcium	528 mg
Carbohydrate	48.5g	Vitamin A	178 RE	Sodium	731 mg
Total fat	10.4g	Vitamin C	28 mg	Dietary fiber	5.4g