

Can You Find It?

Name _____

<p style="text-align: center;">Nutrition facts</p> <p>Name of product _____</p> <p>Serving size _____</p> <p>Saturated fat per serving _____</p> <p>% DV of saturated fat _____</p> <p>Trans fat per serving _____</p> <p>Does it contain <i>partially hydrogenated oil</i> in the ingredients list? Yes/No</p>	<p style="text-align: center;">Nutrition facts</p> <p>Name of product _____</p> <p>Serving size _____</p> <p>Saturated fat per serving _____</p> <p>% DV of saturated fat _____</p> <p>Trans fat per serving _____</p> <p>Does it contain <i>partially hydrogenated oil</i> in the ingredients list? Yes/No</p>
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From L.W.Y. Cheung, H. Dart, S. Kalin, B. Otis, and S.L. Gortmaker, 2016, *Eat Well & Keep Moving*, 3rd ed. (Champaign, IL: Human Kinetics).