

PARENT INTERVIEW

Adapted Physical Education

Gross Motor Development

Student's name: _____ Interview date: _____

Date of birth: _____ Grade/teacher: _____

Interviewer: _____

Name of parent/guardian: _____

Address: _____ Phone: _____

A. Motor development		Yes	No	Unsure
1.	First walked without crawling beforehand (creeping on hands and knees)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	First walked before 12 months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	First walked between 12 and 18 months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	First walked between 18 and 24 months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	First walked after 24 months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Seemed to sit, stand, and walk late	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Walks on toes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Walks flat-footed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
B. Coordination				
9.	Falls frequently	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	Bumps into things, people frequently	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	Loses balance easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	Seems to show shaky, jerky movements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C. Body awareness				
13.	Feels uncomfortable about his or her body	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14.	Confused easily about direction (e.g., right, left, forward, sideways)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15.	Understands basic body parts and their relationships (e.g., front, back, arm, foot)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
D. Physical fitness				
16.	Tires easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17.	Overweight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18.	Seems to lack strength	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19.	Lacks vitality (energy, enthusiasm)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Figure 3.2 Suggested format for interviewing parents or guardians about a student's motor development history.

(continued)

PARENT INTERVIEW (CONTINUED)

E. Social and emotional development				
20.	Enjoys balls, bats, and other movement toys (jump ropes, rebounder)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21.	Plays outdoors often	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22.	Plays vigorously with other students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23.	Enjoys gym class	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24.	Participates in extracurricular physical activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25.	Enjoys playing physical games and sports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Figure 3.2 (continued)

From Horvat, M., Kelly, L.E., Block, M.E., and Croce, R., *Developmental and adapted physical activity assessment*, 2nd ed. (Champaign, IL: Human Kinetics, 2019).