

## SIPERSTEIN'S REVISED ACTIVITY PREFERENCE SCALE

### Monitor Instructions

[Read aloud to class] Make believe that Amy or Ben is moving into your neighborhood and will be coming into your class. What types of activities would you like to do with her or him? Below is a list of activities to help you decide. If you would like to do an activity with Amy or Ben, circle *Yes*. If you would probably do an activity with Amy or Ben, circle *Probably yes*. If you would probably not do an activity with Amy or Ben, circle *Probably no*. If you would not do an activity with Amy or Ben, circle *No*.

Remember, the answer to each question depends on you, and your answers will probably be different from other kids' answers. When you are all done, you'll probably have some yeses, some probably yeses, some probably nos, and some nos, or your answers could all be one thing. Does anyone have any questions [look around and wait for questions]?

### Answer Sheet

Student's code: \_\_\_\_\_

If you would like to do an activity with Amy or Ben, circle *Yes*. If you would probably do an activity with Amy or Ben, circle *Probably yes*. If you would probably not do an activity with Amy or Ben, circle *Probably no*. If you would not do an activity with Amy or Ben, circle *No*.

1. Invite her or him to your house?	Yes	Probably yes	Probably no	No
2. Sit next to each other in class?	Yes	Probably yes	Probably no	No
3. Go sledding or ice skating together?	Yes	Probably yes	Probably no	No
4. Work on a class project together?	Yes	Probably yes	Probably no	No
5. Play games outside together after school?	Yes	Probably yes	Probably no	No
6. Eat lunch together in school?	Yes	Probably yes	Probably no	No
7. Listen to music at home together?	Yes	Probably yes	Probably no	No
8. Play together during recess or snack time?	Yes	Probably yes	Probably no	No
9. Play games inside your house together?	Yes	Probably yes	Probably no	No
10. Do errands for the teacher together?	Yes	Probably yes	Probably no	No
11. Go bicycle riding together?	Yes	Probably yes	Probably no	No
12. Play games in class together?	Yes	Probably yes	Probably no	No
13. Go on a picnic or swimming together?	Yes	Probably yes	Probably no	No
14. Play on the same team in gym?	Yes	Probably yes	Probably no	No
15. Go to the movies together?	Yes	Probably yes	Probably no	No

Thank you! You are finished!

**Figure 10.9** Siperstein's Revised Activity Preference Scale.

From Horvat, M., Kelly, L.E., Block, M.E., and Croce, R., *Developmental and adapted physical activity assessment*, 2nd ed. (Champaign, IL: Human Kinetics, 2019). Reprinted, by permission, from G.N. Siperstein, 2007, Adjective checklist. In *Encyclopedia of measurement and statistics*, edited by N.J. Salkind (Thousand Oaks, CA: Sage Publications, Inc.).