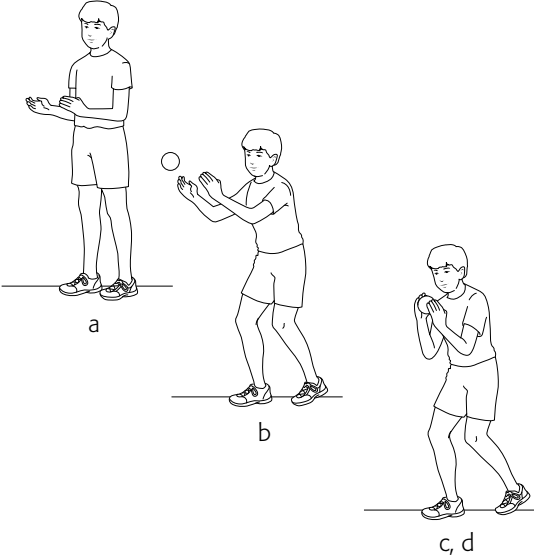
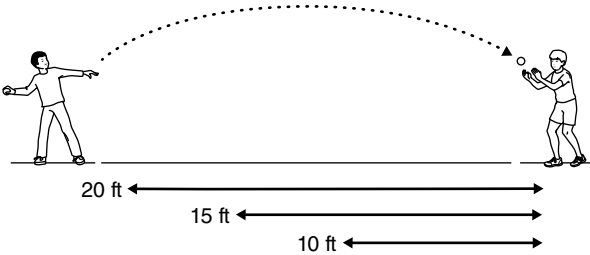


EVERYONE CAN

Assessment Item: CATCH

Equipment and Space Requirements:

- Use an inflatable playground ball that is 6 inches in diameter.
- Catch in an outdoor field or large gymnasium at least 30 feet in length (10-foot staging area plus 20-foot catching distance).

Skill Levels	Focal Points	
<p>1. Demonstrate the mature catch.</p> 	<p>The student demonstrates the following focal points for the mature catch, catching a playground ball (at chest height and at thigh height) thrown at slow speed from 10 feet away, on 2 of 3 trials. A playground ball thrown at slow speed will travel 10 feet in 2 seconds.</p> <ol style="list-style-type: none"> Stand in the path of the approaching ball, eyes on ball, feet shoulder-width apart, knees and hips slightly flexed, weight evenly distributed on both feet, hands in front of the body at chest height. Extend the arms and hands toward the approaching ball, arms raised (chest height) or lowered (thigh height), fingers spread, fingers slightly flexed, thumbs touching (chest height) or little fingers touching (thigh height). Catch the ball between the hands with the fingers. Absorb the force of the ball, bending the elbows to retract the arms. Smooth integration (not mechanical or jerky) of the previous focal points. 	
<p>2. Demonstrate the mature catch for distance.</p> 	<p>The student with a mature catch (skill level 1) will catch a playground ball (at chest height and at thigh height) thrown at moderate speed from a distance on 2 of 3 trials. A playground ball thrown at moderate speed will travel 10 feet in 1 second, 15 feet in 1-1/2 seconds, and 20 feet in 2 seconds.</p>	<p>Catching distances:</p> <ul style="list-style-type: none"> ▪ Grades K-1 10 feet ▪ Grades 2-3 15 feet ▪ Grades 4-5 20 feet
<p>3. Demonstrate the mature catch for accuracy.</p>	<p>The student with a mature catch (skill level 1) and catch for distance (skill level 2) will move into position for accuracy to catch a playground ball (at chest height and at thigh height) thrown at a moderate speed on 2 of 3 trials.</p>	<p>Accuracy criterion: Catch a ball thrown to a position within 5 feet in any direction of where the student is standing.</p> <p>Catching distances:</p> <ul style="list-style-type: none"> ▪ Grades K-1 10 feet ▪ Grades 2-3 15 feet ▪ Grades 4-5 20 feet

Reference data: The distance from the pitcher's mound to home plate is 35-40 feet in fastpitch softball.

Figure 2.2 Sample Everyone Can! CRI for catching.

From Horvat, M., Kelly, L.E., Block, M.E., and Croce, R., *Developmental and adapted physical activity assessment*, 2nd ed. (Champaign, IL: Human Kinetics, 2019). Reprinted, by permission, from L.E. Kelly, J. Wessel, G. Dummer, and T. Sampson, 2010, *Everyone can online resource* (Champaign, IL: Human Kinetics), 7. Illustrations reprinted from J. Wessel, 1976, *I CAN: Object control* (North Brook, IL: Hubbard Scientific Company), 89. By permission of J. Wessel.