

## SIPERSTEIN'S ADJECTIVE CHECKLIST

If you had to describe \_\_\_\_\_ to your classmates, what kind of words would you use? Below is a list of words to help you. CIRCLE the words you would use. You can use as many or as few words as you want. Here is the list:

Healthy	Clever	Crazy	Honest	Lonely	Proud
Bored	Friendly	Glad	Dishonest	Mean	Kind
Slow	Alert	Greedy	Ashamed	Pretty	Weak
Helpful	Sad	Stupid	Smart	Ugly	Bright
Sloppy	Okay	Cheerful	Neat	Cruel	
Dumb	Careful	Careless	Unhappy	Happy	

**Figure 10.8** Siperstein's Adjective Checklist.

From Horvat, M., Kelly, L.E., Block, M.E., and Croce, R., *Developmental and adapted physical activity assessment*, 2nd ed. (Champaign, IL: Human Kinetics, 2019). Reprinted, by permission, from G.N. Siperstein, 2007, Adjective checklist. In *Encyclopedia of measurement and statistics*, edited by N.J. Salkind (Thousand Oaks, CA: Sage Publications, Inc.).