

## Traveling: Galloping and Sliding Rubric for Mature and Versatile Performance

Rating	Body	Space	Effort	Relationship
Advanced	<p>Mature performance (as described in the “Consistent mature performance” box below)</p> <p>Can gallop/slide with either foot leading.</p>	<p>Can gallop/slide with increased flight phase thus gaining more height.</p> <p>Gallops/slides along zigzag pathways.</p>	<p>Can purposely vary amount of force exerted when performing small- and large-range galloping/sliding.</p>	<p>Can gallop/slide using a ribbon stick.</p> <p>Can gallop/slide in unison with others or small group.</p>
Proficient	<p>Consistent mature performance</p> <p>Galloping/sliding is rhythmically coordinated; can gallop/slide with right foot as lead foot three or more times in sequence and left foot as lead foot three or more times in sequence.</p> <p><i>Main action:</i> Uses a step-close-step pattern (forward for gallop, sideward for slide).</p> <p>Gallop—Uses step-together with trail leg touching heel of lead foot; push-off of trail foot is forceful enough to achieve flight phase with feet; arms swing forward in coordination with legs to achieve distance and height.</p> <p>Slide—Side of body leads action; uses step-together with trail leg touching inside of lead foot; push-off of trail foot is forceful enough to achieve flight phase with feet; arms stay extended out to side.</p>	<p>Gallops/slides along straight and curved pathways.</p>	<p>Gallops/slides to an external beat or music.</p>	<p>Gallops/slides around objects.</p> <p>Gallops alongside a partner.</p> <p>Slides while mirroring a partner.</p>
Developing	<p>Inconsistent mature performance</p> <p>Gallops/slides are somewhat rhythmically coordinated; galloping/sliding in a sequence is inconsistent.</p> <p><i>Main action:</i></p> <p>Gallop—Trail leg sometimes moves beyond heel of lead leg; arms swing forward inconsistently to achieve forward distance and height.</p> <p>Slide—Trail leg does meet or come together with lead foot; feet stay shoulder-width apart.</p>	<p>Gallops/slides along a straight pathway.</p>	<p>Gallops/slides inconsistently to an external beat or music.</p>	<p>Gallops/slides around objects.</p>
Beginning	<p>Emerging-elementary performance</p> <p>Gallops/slides are not rhythmically coordinated; cannot gallop on either leg; cannot slide leading with either side; gallops/slides are not sequenced.</p> <p><i>Main action:</i></p> <p>Gallop—Trail leg moves beyond heel of lead leg; there is no forward arm swing.</p> <p>Slide—There is no flight phase; steps sideways with feet wide apart.</p>	<p>Gallops/slides forward and covers short distance.</p>		