Name:

What were you able to do? Check the tasks that you completed:

\_\_\_\_\_\_\_ Tap the ball with the middle of the round part of the polo stick.

\_\_\_\_\_\_\_ Keep the ball within one or two steps of your body.

\_\_\_\_\_\_\_ Push the ball along the ground using quick taps.

\_\_\_\_\_\_\_ Look up when you can to stay on the pathway.

## Figure 17.24 Self-check for striking continuously in different pathways and directions.