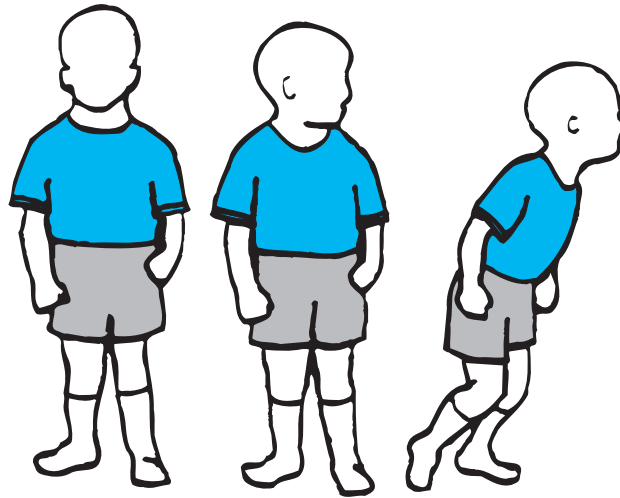
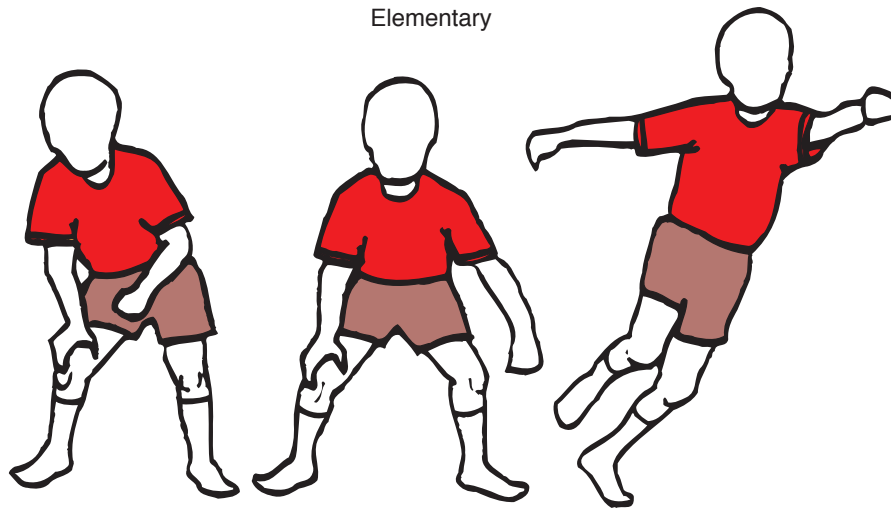


I. Dodging	
<b>A</b> Initial stage	<ol style="list-style-type: none"> <li>1. Segmented movements</li> <li>2. Body appears stiff</li> <li>3. Minimal knee bend</li> <li>4. Weight is on one foot</li> <li>5. Feet generally cross</li> <li>6. No deception</li> </ol>
<b>B</b> Elementary stage	<ol style="list-style-type: none"> <li>1. Movements coordinated but with little deception</li> <li>2. Performs better to one side than to the other</li> <li>3. Too much vertical lift</li> <li>4. Feet occasionally cross</li> <li>5. Little spring in movement</li> <li>6. Sometimes outsmarts self and becomes confused</li> </ol>
<b>C</b> Mature stage	<ol style="list-style-type: none"> <li>1. Knees bent, slight trunk lean forward (ready position)</li> <li>2. Fluid directional changes</li> <li>3. Performs equally well in all directions</li> <li>4. Head and shoulder fake</li> <li>5. Good lateral movement</li> </ol>
II. Developmental difficulties	
<ol style="list-style-type: none"> <li>A. Inability to shift body weight in a fluid manner in direction of dodge</li> <li>B. Slow change of direction</li> <li>C. Crossing of feet</li> <li>D. Hesitation</li> <li>E. Too much vertical lift</li> <li>F. Total-body lead</li> <li>G. Inability to perform several dodging actions in rapid succession</li> <li>H. Monitoring of body</li> <li>I. Rigid posture</li> </ol>	

Initial



Elementary



Mature

