

## Manipulative Skill: Volleying

Rating	Body	Space	Effort	Relationship
Advanced	Consistent mature performance (as described in the box below)	Controls direction and trajectory toward target or partner.	Uses appropriate force for distance of target or partner.	Can volley toward partner from toss.
Proficient	<ul style="list-style-type: none"><li>● Gets under ball.</li><li>● Contacts ball with finger pads.</li><li>● Extends legs and arms.</li><li>● Wrists remain stiff.</li><li>● Arms reach vertically to follow through.</li></ul>	Controls direction and trajectory of ball.	Can vary force.	Can volley toward large stationary target.
Developing	<ul style="list-style-type: none"><li>● Gets under ball.</li><li>● Slaps at ball.</li><li>● Achieves little lift with legs.</li><li>● Wrists flex, and ball often travels backward.</li></ul>	Unable to control direction and trajectory.		
Beginning	<ul style="list-style-type: none"><li>● Does not judge path of ball or balloon.</li><li>● Does not get under ball or balloon.</li><li>● Slaps at ball or balloon from behind.</li><li>● Does not contact ball with both hands simultaneously.</li></ul>			