

## Manipulative Skill: Rolling

Rating	Body	Space	Effort	Relationship
Advanced	Consistent mature performance (as described in the box below)	Controls direction toward target or partner.	Uses appropriate force for distance of target or partner.	Can roll toward a partner or target.
Proficient	<ul style="list-style-type: none"> <li>• Uses forward/backward stride stance.</li> <li>• Holds ball in hand corresponding to back leg.</li> <li>• Uses slight hip rotation and forward trunk lean.</li> <li>• Uses pronounced knee bend.</li> <li>• Uses forward swing with weight transfer from rear to forward foot.</li> <li>• Releases ball at or below knee level.</li> <li>• Keeps eyes on target throughout.</li> </ul>	Controls direction of ball.	Can vary force.	Can roll toward large stationary target.
Developing	<ul style="list-style-type: none"> <li>• Uses stride stance.</li> <li>• Holds ball with one hand on bottom of ball and one on top.</li> <li>• Uses backward arm swing without weight transfer to rear foot.</li> <li>• Uses limited knee bend.</li> <li>• Forward swing has limited follow-through.</li> <li>• Releases ball between knee and waist level.</li> <li>• Eyes alternately monitor target and ball.</li> </ul>	Cannot control direction and trajectory.		
Beginning	<ul style="list-style-type: none"> <li>• Uses straddle stance.</li> <li>• Holds ball with hands on sides with palms facing each other.</li> <li>• Exhibits acute bend at waist and backward pendulum motion of arms.</li> <li>• Eyes monitor ball.</li> <li>• Uses forward arm swing and trunk lift with release of ball.</li> </ul>			