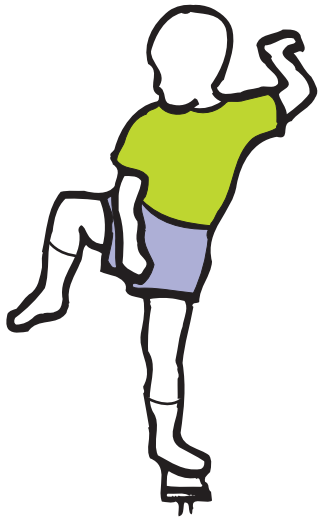
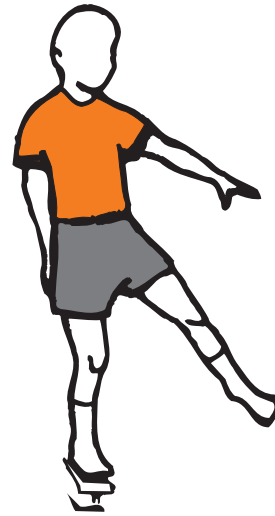


I. One-foot balance	
A Initial stage	<ol style="list-style-type: none"> 1. Raises nonsupporting leg several inches so that thigh is nearly parallel with contact surface 2. Is either in or out of balance (no in-between) 3. Overcompensates ("windmill" arms) 4. Inconsistent leg preference 5. Balances with outside support 6. Only momentary balance without support 7. Eyes directed at feet
B Elementary stage	<ol style="list-style-type: none"> 1. May lift nonsupporting leg to a tied-in position on support leg 2. Cannot balance with eyes closed 3. Uses arms for balance but may tie one arm to side of body 4. Performs better on dominant leg
C Mature stage	<ol style="list-style-type: none"> 1. Can balance with eyes closed 2. Uses arms and trunk as needed to maintain balance 3. Lifts nonsupporting leg 4. Focuses on external object while balancing 5. Changes to nondominant leg without loss of balance
II. Developmental difficulties	
<ol style="list-style-type: none"> A. Tying one arm to side B. No compensating movements C. Inappropriate compensation of arms D. Inability to use either leg E. Inability to vary body position with control F. Inability to balance while holding objects G. Visual monitoring of support leg H. Overdependence on outside support 	

Initial



Elementary



Mature

