

INERTIA: READINESS TO MOVE

STATEMENT OF PERFORMANCE

In trios, dancers will create and perform an Inertia study based on heaviness. The study explores balancing weight, lifting weight, moving weight, and shaping weight, emphasizing sustained movement transitions between each movement.

Answer each of the following criteria with a yes or no and then score each category from 1 to 5, with 5 being the highest score and 1 the lowest. Use the rubrics to assist in discussion, self-reflection, and assessment of progress in understanding the choreographic concept.

Criteria	Score	
	YES	NO
CREATING		
Anchor Standard 1: Generate and conceptualize artistic ideas and work.		
Anchor Standard 2: Organize and develop artistic ideas and work.		
The dancer exhibited the following:		
1. Made clear, slow, sustained movement selections.		
2. Created four body shapes, manipulating passive weight.		
3. Moved through space, guiding a passive partner.		
4. Explored lifting, carrying, and shaping weight.		
5. Found an interdependent ending shape.		
Creating Total	_____	

PERFORMING

Anchor Standard 4: Select, analyze, and interpret artistic work for presentation.

Anchor Standard 5: Develop and refine artistic techniques and work for presentation.

The dancer exhibited the following:

1. Accurately reproduced selected movement.
2. Demonstrated sustained movement throughout.
3. Flowed easily from one action to the other.
4. Exhibited active and passive weight.

Performing Total _____

RESPONDING

Anchor Standard 7: Perceive and analyze artistic work.

Anchor Standard 9: Apply criteria to evaluate artistic work.

The dancer did the following:

1. Discussed choices.
2. Made informed critical observations of own work.
3. Made informed critical observations of the work of others.
4. Noticed and discussed the similarities and differences in the different phrases.

Responding Total _____

CONNECTING

Anchor Standard 10: Synthesize and relate knowledge and personal experiences to make art.

The dancer did the following:

1. Discussed personal preferences when weight sharing.
2. Discussed movement choices and compared them to the movement choices of Alonzo King.
3. Discussed the process of working with two other people to make a dance study.

Connecting Total _____

SCORING

5 = Fulfilled all the criteria of creating, performing, responding, and connecting in a way that shows a thorough understanding of the skills and concepts to be mastered. Fully participated in the classroom tasks as a performer and as an audience member.

4 = Fulfilled all the criteria but does not yet show a thorough understanding of all skills and concepts. Fully participated in classroom tasks as a performer and as an audience member.

3 = Had difficulty fulfilling the criteria. Was not able to fully complete the assignment. Participated in class but could not complete all tasks as a performer and as an audience member.

2 = Did not complete the assigned work to a satisfactory degree. Did not fully participate as a performer or as an audience member.

1 = Did not participate.

Additional Comments: