

Self-Evaluation for Dance and the Visual Arts

Explain orally or in writing how the exercises in part I helped you develop your skills and knowledge in these areas:

- Greater awareness of angles and curves in visual art and dance

- Identifying subtleties of line and attack as it applies to movement and painting

- Seeing the familiar with new eyes

- Exploring and making use of alternative performance venues

- Working with light and shadow

- Strengthening personal perspective

Self-Evaluation for Dance and Music

Explain orally or in writing how the exercises in this section helped you develop the following skills and knowledge:

- Listening skills

- Rhythmic sensibility (to music, dancing with others, and dancing alone)

- Awareness of sonic textures and their relationship to dance

- Improvising with sound and in silence

- Confidence in discussing music composition and its relationship to dance

Self-Evaluation for Dance and the Dramatic and Literary Arts

Explain orally or in writing how the exercises in this section helped you in these areas:

- Ability to interpret a wider range of emotions

- Exploring dramatic characters and dramatic relationships between dancers

- Creating and performing solos

- Confidence in vocalizing

- Conveying drama and humor

- Adapting a narrative into dance
