Skills Checklist for a Unit on *Space*

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Grade \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dance experience: Years \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Months \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# **Movement Skills**

* I can skip in two different directions.
* I can slide in a zigzag pathway.
* I can do three different turns in self-space.
* I can do two different turns through general space.
* I can gallop leading with either leg in a curved pathway.
* I can jump in a pattern of forward, backward, side, side.
* I can use my upper body to draw curved pathways while using my lower body to move in a straight pathway.
* I can do a backward fall safely.

# **Conceptual Skills**

* I can demonstrate correct alignment, using the elements of space to support me.
* I can move in three different pathways through space.
* I can demonstrate the difference between self-space and general space.
* I can demonstrate the difference between size and level.
* I can demonstrate the six different directions.
* I can demonstrate the difference between single focus and multi-focus.
* I can use at least three different spatial elements while improvising.
* I can choreograph a study using an ABA form that clearly contrasts two spatial elements.

# **Social Skills**

* I can gently mold a partner into a big and little shape.
* I can be a responsible leader when mirroring or shadowing.
* I can follow a leader’s movements when mirroring or shadowing.
* I can work together with two other dancers to create a movement phrase.

# **Affective Skills**

* I have a good attitude in dance class.
* I work hard and try to do my best.
* I can express my feelings verbally.
* I can dance expressively.

# **Cognitive Skills**

* I can spell the five spatial concepts.
* I can describe the difference between level and size.
* I can name four self-space movements and four general-space movements.