7th Grade Floor Hockey Season Block Plan

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| **Season Structure/Context:**  7th Grade; 36 students; two divisions (western and eastern division; play-offs/championship consists of inter-division matches. Four teams play; two teams serve as Duty Teams during season competition;  Six teams of six players will contest a 20-lesson season of floor hockey; Early lessons are devoted to techniques practices and learning game roles; Matches will take place between two 3-a-side teams: Teacher forms teams, selects coaches, and sets competition format.  **Specific roles:** ***Players***are prepared to make a physical contribution to their teamparticipate in matches showing good sportsmanship display best possible effort during practice sessions and matches***Team Roles***Coach:prepares teams for matchesdetermines team line upsconducts beginning class warm-upsets leadership tone for the team Equipment Manager:   * collects sticks and pucks at the beginning of class * returns equipment at the end of lessons   ***Duty Team (i.e., Officiating) Roles***  Referee:   * makes decision about the rules and awards free hits and goals * judges out of bounds play * does not show favorites * rates teams on fair play following each match   Scorekeeper:   * keeps a running score of the match * keeps a record of goals * submits tally sheet after each match |

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| ***Day*** | ***Class Activities*** |
| 1 | Introduction: Demo Game; Outline Season plan: Explain game rules |
| 2 | Technique Practice: Teacher directed lesson on trap and pass |
| 3 | Technique Practice: Teacher directed lesson on dribble and shoot |
| 4 | Technique Practice: Coach lead lesson on trap and pass (using task cards) |
| 5 | Technique Practice: Coach directed lesson on dribble and shoot (using task cards) |
| 6 | Pre-Season Practice: Teams split into 2 x 3-player teams; Duty team sends referee, scorekeeper and statistician to each court; 2 x 8 minute halves |
| 7 | Pre-Season: Repeat Day 6 |
| 8 | Pre-Season: Repeat Day 6 |
| 9 | Pre-Season: Repeat Day 6 |
| 10 | Pre-Season: Repeat Day 6 |
| 11 | Pre-Season: Repeat Day 6 |
| 12 | Season Competition: Repeat Day 6, but games now 2 x 10 minute halves |
| 13 | Season Competition: Repeat Day 12 |
| 14 | Season Competition: Repeat Day 12 |
| 15 | Season Competition: Repeat Day 12 |
| 16 | Season Competition: Repeat Day 12 |
| 17 | Season Competition: Repeat Day 12 |
| 18 | Play-offs/Championship Matches |
| 19 | Play-offs/Championship Matches |
| 20 | Culminating Event: Awards Session |
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