Popular Dance Season Block Plan

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| ***Class Context***  **Class**:  9th Grade; 23 girls /16 boys; class duration – 50 min.; meets 5 days/Week; 25 classes total; class has completed 5 previous sport education seasons.  **Activity**:  Popular Dance  **Equipment available:**  PA System; 4 CD Boomboxes; one Digital Camcorder; DVD player for playback.  **Team format**:  4 teams (9, 10, 10, & 10)  **Competition format**:  Event competition (by decades). All team develop own choreography for a dance characteristic of 1950s, 1960s, 1970s, 1980s, and 1980s. Student selected music that is representative of the respective eras.  **Duty Team Roles**:  Team Choreographer; Fitness Trainer; Dance Committee Member; Disc Jockey; Master of Ceremony; Dance Judge, Dance Reviewer/Critic. |

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| ***Day*** | ***Class Activities*** |
| 1 | Form dance teams.  Explain Duty Team roles.  Review handout listing the dances from various eras.  If possible, show videos of selected dances. |
| 2 | Teams decide on various team roles.  Teams are introduced to basic dance techniques via class-wide instruction.  Introduce the rituals, histories and traditions of the various dances. |
| 3 – 5 | Dances from the 1950s are introduced and practiced.  Teams begin planning for 1950s dance competition (i.e., select music and choreograph dance routine.  Dance judging is introduced. |
| 6 – 7 | Teams practice their dance to be performed for the1950s competition. |
| 8 | 1**950s** Dance Competition. |
| 9 – 10 | Teams design and practice their dance to be performed for the 1960s dance competition. |
| 11 | **1960s** Dance Competition. |
| 12 - 13 | Teams design and practice their dance to be performed for the 1970s dance competition. |
| 14 | **1970s** Dance Competition. |
| 15 – 16 | Teams design and practice their dance to be performed for the 1980s dance competition. |
| 17 | **1980s** Dance Competition. |
| 18 – 19 | Teams design and practice their dance to be performed for the 1990s dance competition. |
| 20 | **1990s** Dance Competition. |
| 21 | Dance Festival & Awards celebration. |
| 22 | Schoolwide assembly Dance Demonstration. |
| 23 - 25 | Back-up days. |
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