**A Sample Floor Hockey Season for a First-Time User**

***Courtesy of Jerry Osborn, Legacy Traditional School, Queen Creek, AZ***

**Features**

* Six teams of six players will contest a 20-lesson season of floor hockey.
* Early lessons will be devoted to skills practices and learning game roles.
* Matches will take place between two 3-a-side teams.

**Specific roles**

# ***Player Role***

# Players …

# are prepared to make a physical contribution to their team

# participate in matches showing good sportsmanship display best possible effort during practice sessions and matches

# ***Team Roles***

# Captain

# prepares teams for matches

* + determines team line ups
  + conducts beginning class warm up
  + sets leadership tone for the team

Equipment Manager

* + - collects sticks and pucks at the beginning of class
    - returns equipment at the end of lessons

***Officiating Roles***

Referee:

* makes decision about the rules and awards free hits and goals
* judges out of bounds play
* does not show favorites
* rates teams on fair play following each match

Scorekeeper:

* keeps a running score of the match
* keeps a record of goals
* submits tally sheet after each match

**Season Block Plan**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***1 Introduction***  Demo Game  Season plan  Rules | ***2 Technique Practice***  Teacher directed lesson on trap and pass | ***3 Technique Practice***  Teacher directed lesson on dribble and shoot | ***4 Technique Practice***  Coach lead lesson on trap and pass (using task cards) | ***5 Technique Practice***  Coach directed lesson on dribble and shoot (using task cards) |
| ***6 Pre-Season***  Teams split into 2 x 3-player teams  Duty team sends referee, scorekeeper and statistician to each court  2 x 8 minute halves | ***7 Pre-Season***  Repeat Day 6 | ***8 Pre-Season***  Repeat Day 6 | ***9 Pre-Season***  Repeat Day 6 | ***10 Pre-Season***  Repeat Day 6 |
| ***11 Pre-Season***  Repeat Day 6 | ***12 Competition Day***  Repeat Day 6, but games now 2 x 10 minute halves | ***13 Competition Day***  Repeat Day 12 | ***14 Competition Day***  Repeat Day 12 | ***15 Competition Day***  Repeat Day 12 |
| ***16 Competition Day***  Repeat Day 12 | ***17 Competition Day***  Repeat Day 12 | ***18 Play-offs*** | ***19 Play-offs*** | ***20 Championship& Awards*** |

**Modified Rules**

* 3-a-side (minimum 1 girl/boy on each 3)
* Sticks cannot be swung above the knee.
* A ball hit above waist height is a free push to the opposition.
* No tripping or pushing.
* Ball is hit out by A, B gets a free push.
* You cannot score directly from an out of bounds push.
* A goal is scored when a player pushes the ball into the goal.
* You cannot kick the ball into the goal to score.
* After each goal, teams line up on the end line, ball rolled to non-scorers.
* Trapping allowed with sticks and feet - no hands (except goalie).
* A ball stopped by the goalie with the hands results in a face-off.
* Goalies cannot lie down in the crease.
* Only the goalie can be in the crease

**Referee’s Report**

(1 point awarded for each yes)

TO BE COMPLETED AFTER EACH GAME

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Team Name** | **YES** | **NO** | **Team Name** | **YES** | **NO** |
| Did this team play by the rules and not criticize the ref? |  |  | Did this team play by the rules and not criticize the ref? |  |  |
| Did the players on this team encourage each other? |  |  | Did the players on this team encourage each other? |  |  |
| Did the players on this team not get angry when a teammate made a mistake? |  |  | Did the players on this team not get angry when a teammate made a mistake? |  |  |

**Scorekeeper’s Report**

The winning team was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

They defeated \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

by a score of to

***Scoresheet***

|  |  |  |  |
| --- | --- | --- | --- |
| Date Court # | 1st Half | 2nd Half | TOTAL SCORE |
| Team |  |  |  |
| Team |  |  |  |

**Statistics Sheet**

|  |  |  |  |
| --- | --- | --- | --- |
| Team | Goals | Saves | Fouls |
| Name |  |  |  |
| Name |  |  |  |
| Name |  |  |  |
| Name |  |  |  |

**League Scoring System**

Win = 2 points – Tie = 1 point – Loss = 0 points

Fair play – maximum of 3 points PER LESSON from the referee report