***Good Team Practice Plans . . .***

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| * ***Did you have a specific practice focus?***   ***For example:***   * + ***Maintaining possession of the ball***   + ***Setting up an attack***   + ***Technique execution (e.g., receiving serves)***   + ***Game re-starts (e.g., corner kick; throw-ins)*** * ***How did you organize the practice?***   ***For example, how did you . . .***   * + ***Group players?***   + ***Organize the practice space and equipment?***   + ***Distribute equipment?***   + ***Ensure quick starts & stops*** * ***Did you include a fun warm-up, focused on***   ***the whole body?***   * ***Was there time for practicing techniques and tactics?*** * ***Did you remember to discuss the team’s game***   ***plan (i.e., strategy) for the upcoming game?*** |

***From Complete Guide to Sport Education (3rd ed.); Siedentop, Hastie,***

***& van der Mars, 2020, Champaign, IL: Human Kinetics.***