Badminton Season Block Plan

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| ***Class Context***  **Class:**  9th Grade; 16 boys/12 girls; class duration – 50 min.; meets 5 days p. week; 20 classes total; class has completed 3 previous sport education seasons.  **Activity:**  Badminton; indoors; 6 regulation courts  **Equipment:**  Adequate shuttles, regulation rackets.  **Team format:**  3 teams (9, 9, & 10)  **Competition format:**  Singles – Round Robin (A, B, & C levels); Doubles – Round Robin (A & B levels), Singles and Doubles Championship round (two players from each team play in A, B, C, & D Singles and A, B, & C Doubles).  **Duty Team Roles:**  Scorer; Officials; Equipment Manager; Team Statistician. |

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| Day | ***Class Activities*** |
| 1 | Introduce Badminton Serve and Clear Shots.  Allow for ample student practice to evaluate skill levels.  Choose captains. Describe class format. |
| 2 | Introduce Smash and Drop Shots.  Continued practice.  Captain help to evaluate student skill levels. |
| 3 | Captains have met with teacher to form teams.  Announce Teams.  Assign home courts.  Explain competition format and post schedule.  Watch Badminton video & explain tactics and scoring rules.  Teams practice at home court.  Teams choose team name. |
| 4 | Teams practice skill upon entry.  Teacher reviews critical elements of key techniques (serve, clears, drops, smash) w. whole class.  Teams practice at home courts led by captains.  Teams play within-team scrimmages using rally scoring.  At closure, teams meet to create team cheer. |
| 5 | Explain Duty Team responsibilities.  Officiating and scoring expectations explained and demonstrated.  Teams play within-team scrimmages, while teammates practice officiating and scoring. |
| 6 | Skill practice at home courts.  Initial “scrimmages” for teams to practice playing games and Duty Team roles.  All games are “timed” with rally scoring.  Teacher reviews tactical and techniques issues observed during scrimmages.  Team Statisticians take game results home to practice compiling game data. |
| 7 | Skill practice at home courts.  Teams decide on placement of players for initial Singles competition (A/B/C).  Teams “scrimmage” with other teams at same level (i.e., A v A; B v B; C v C). |
| 8 | Singles Round Robin competition: 1 v 2, 1 v 3, & 2 v 3. Rally scoring. |
| 9 | Review of Singles competition.  Doubles tactics introduced.  Teams practice doubles play at home courts. |
| 10 | Skill practice at home courts.  Watch video of doubles play.  Doubles scrimmages: A players v A players; B v B) on all courts. |
| 11 | Skill practice.  Duty Team responsibilities reviewed.  Teams scrimmage.  Teams make final decisions on pairing for Doubles Round Robin. |
| 12 | Doubles Round Robin competition:  1 v 2, 1 v 3, & 2 v 3. Rally scoring. |
| 13 | Review Doubles competition.  Describe format for championship Round Robin.  Teams practice at home court. |
| 14 | Teams practice at home court.  Teams make final placement decisions for championship Round Robin. |
| 15 | Team scrimmages |
| 16 | Team practices. A and B level singles championships. Regular scoring. |
| 17 | Team practices. C and D level singles championships. Regular scoring. |
| 18 | Team practices. A and B level doubles championships. Regular scoring. |
| 19 | Team practices. C and D level doubles championships. Regular scoring. |
| 20 | Badminton skill fun day. Awards Ceremony. |
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