 TABLE OF CONTENTS

COVER Team Assignments and Rubric

TAB #1 **Head Coach:** Competition Assignments, warm-ups, workouts

TAB #2 **Assistant Coach:** Warm-ups, workouts

TAB #3 **Public Relations:** Social Media Pages

TAB #4 **Statistician:** Competition/Event Scores and Team Member Scores, times, 1RM, etc.

TAB #5 **Spirit Coordinator:** Team Cheers, Weekly Quotes, Positive comments given to team

TAB #6 **Character Matters Ambassador:** Character Certificate winners & photos

TAB #7 Character matter contracts

TAB #8 Event score sheets; Character matters individual score cards