

Chance Dance Prompts

Telephone Numbers

- 0 = pause
- 1 = spin
- 2 = walk
- 3 = jump
- 4 = swing
- 5 = balance
- 6 = sink
- 7 = rise
- 8 = roll
- 9 = reach

Playing Cards

- Clubs: face front
- Diamonds: face left
- Hearts: face back
- Spades: face right

Weight Taking (Using a dice)

- 1 = both pull
- 2 = both push
- 3 = one turns or rolls the other
- 4 = fall and catch
- 5 = lift
- 6 = assisted jump