Inspirational Sayings for Inspirational Race Game

Sample Card Content

* Side 1: Teammates encourage one another while doing 15 push-ups. Try full push-ups before dropping to your knees.
* Side 2: *Anger must be the energy that has not yet found its right channels*.

—Florida Scott Maxwell, *The Measure of My Days* (1968)

Inspirational Sayings

Here are some more inspirational quotations—just add an activity and a number to each card.

*Everyone is endowed with qualities of a champion and can succeed in spite of handicaps in the most important game of all—the game of life.*

—Alice Marble, tennis pioneer

*When we judge or criticize another person, it says nothing about that person; it merely says something about our own need to be critical.*

—Richard Carlson, *Don’t Sweat the Small Stuff…and It’s All Small Stuff* (1997)

*Take chances, make mistakes. That’s how you grow. Pain nourishes your courage. You have to fail in order to practice being brave.*

—Mary Tyler Moore, legendary actress (quoted in *The Edge*, Howard Ferguson, 1990)

*Reputation is what you’re perceived to be. Character is what you really are.*

—John Wooden, NBA basketball coach legend (quoted in *Playbook for Success,* Nancy Lieberman*,* 2010)

Inspirational Sayings *(continued)*

*Everyone has responsibility to leave the world in a little better state than when he or she arrived. Can you leave your family, your room, your desk, your friends, this gym, in a little better state than when you arrived? How?*

—Leigh A. Anderson and Donald R. Glover, *Character Education* (2003)

*We are not primarily put on this earth to see through one another, but to see one another through.*

—Peter De Vries, *Let Me Count the Ways* (1965)

*Be yourself; everyone else is taken.*

—Oscar Wilde, Irish novelist and poet

*It’s a fine thing to have ability, but the ability to discover the ability in others is the true test.*

—Lou Holtz, football player, coach, and analyst

*Victory belongs to the most persevering.*

—Napoleon Bonaparte, French military and political leader

*Winning isn't everything, but wanting to win is.*

—Vince Lombardi, NFL football coach legend

*Maybe the day will come when I can sit back and be content. . . . But until that day comes, I intend to stay in the batter's box—I don't let the big guys push me out of there anymore—and keep hammering away.*

—Hank Aaron, MLB baseball player Hall of Famer

Inspirational Sayings *(continued)*

*You are the handicap you must face. You are the one who must choose your place.*

—James Lane Allen, American novelist

*Sports serve society by providing vivid examples of excellence.*

—George F. Will, newspaper columnist and political commentator

*There are no gains without pains.*

—Adlai Stevenson, American diplomat

*To win without risk is to triumph without glory.*

—Pierre Corneille, French playwright

*They will rise highest who strive for the highest place.*

—Latin proverb

*Most ball games are lost, not won.*

—Casey Stengel, MLB baseball player and manager Hall of Famer

*It isn't hard to be good from time to time in sports. What's tough is being good every day.*

—Willie Mays, MLB baseball player Hall of Famer

*Do not let what you cannot do interfere with what you can do.*

—John Wooden, NBA basketball coach legend

Inspirational Sayings *(continued)*

*The superior man blames himself. The inferior man blames others.*

—Don Shula, NFL football coach legend

*If you can't accept losing, you can't win.*

—Vince Lombardi, NFL football coach legend

*Guts win more games than ability.*

—Bob Zuppke, NFL football coach legend