Team-Building Race

Equipment

* One item for each student (e.g., football, soccer ball, flying disc)—not necessarily the same item for everyone
* One container per team to hold the team’s items (about the same size for all teams)
* One cone per team to designate the starting point

Starting Position

Each team is divided into two smaller teams so that there are 8 to 10 teams. Each team gathers around its cone and prepares to transport its items to its container, which is located at the other end of the activity area.

The Challenge

On a signal from the teacher, each team works to get all of its items into its box *five times* as quickly as possible.

Rules

1. The team must get all of its items into its container in five different ways. For example, if, in the first round, the team members run to the container from the starting cone while carrying the equipment, they may not use that method again.

2. Once a given piece of equipment is used in one round, it may be used in another round *only* if it is transported differently (thus counting as a different method).

3. When the team retrieves the equipment from the container, one member may not retrieve it all; rather, all team members must each bring an item back to the starting cone.