Power of Six

Equipment

Various shapes found on your school grounds (e.g., tree, rock, bush, branch, statue, wall, playground equipment)

Starting Position

Group members work together to find the designated piece of equipment or landscape feature. Once they find it, they collaborate to make a connected six-point balance that incorporates the equipment landscape feature.

The Challenge

The group has completed the challenge when all members of the team—along with selected equipment or landscape feature—form a connected, stable, six-point balance. The group members should be able to hold the balance until the teacher releases them.

Rules

1. The team must try to build a balance in which all team members are connected.

2. Only six total body parts may touch the ground.

3. The team must incorporate some piece of the landscape or equipment that is approved by the teacher to be part of the balance.

4. If the team falls, it must start over. Each team must hold the balance or pose until the teacher gives the okay for them to disassemble.

5. No one is allowed to use a teammate’s last name or to use a put-down.

6. Each student must high-five all teammates at the end of a successful balance.

Completion of the Task

A team has succeeded when the required number of body parts are touching the ground, and the group is connected in a stable balance that incorporates its chosen object.